

Subject card

Subject name and code	Introduction to psychology, PG_00148477						
Field of study	Medical Biology						
Date of commencement of studies	October 2024	Academic year of realisation of subject			2024/2025		
Education level	Bachelor's studies	Subject group			Obligatory subject group in the field of study		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	1	Language of instruction			Polish		
Semester of study	2	ECTS credits			2.0		
Learning profile	academic	Assessment form					
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr Zdzisław Nieckarz				
	Teachers		dr Zdzisław Nieckarz				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		4.0		16.0	50
Subject objectives	<ol style="list-style-type: none"> 1. to introduce the basic and most important issues concerning the psychological aspects of performing the work of a teacher. 2. to orient the student in the basic currents of psychology with an emphasis on explaining the mechanisms of human functioning from different perspectives. 3. to understand the fundamentals of human psychological functioning with particular emphasis on children and adolescents. 4. to learn the principles of effective interpersonal communication. 						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[BIOLMEDL3_W07] has advanced knowledge of medical biology and is familiar with the health sciences terminology	Has a basic knowledge of psychology and knows its terminology	[SW4] test/exam - oral or written
	[BIOLMEDL3_W11] posiada zaawansowaną wiedzę dotyczącą metod oceny stanu zdrowia oraz objawów i przyczyn wybranych zaburzeń i zmian chorobowych oraz zna podstawy zdrowego trybu życia, potrafi je uzasadnić i promować	Has a basic knowledge of mental health assessment methods and the symptoms and causes of selected behavioral disorders	[SW4] test/exam - oral or written
	[BIOLMEDL3_W12] is oriented in the development and current state of knowledge and the latest trends in medical biology; indicates their relationship with other disciplines of natural or medical sciences	is oriented to the development and current state of knowledge and the latest trends in psychology and indicates their relationship with other disciplines of neuroscience and medicine	[SW4] test/exam - oral or written
	[BIOLMEDL3_U07] is able to identify problems corresponding to the needs of an individual and a social group and to undertake basic diagnostic, preventive and educational activities appropriate to the profession of medical biologist	is able to identify psychological problems corresponding to the needs of an individual and a social group and to take basic diagnostic, preventive and educational measures appropriate to the profession of medical biologist	[SU1] oral statement/conversation/discussion [SU8] observation of student's independent or team work
	[BIOLMEDL3_K03] is aware of his/her own limitations and knows when to seek expert assistance	jest świadomy własnych ograniczeń i wie, kiedy zwrócić się do ekspertów	[SK8] observation of student's independent or team work
[BIOLMEDL3_K04] is able to form opinions about individuals and social groups in a professional context	Is able to formulate opinions about individuals and social groups in the psychological context related to the profession of medical biologist.	[SK8] observation of student's independent or team work	
Subject contents	<p>Psychology as a social science. The object of study of psychology. The main divisions in psychology. The origins of modern psychology structuralism and functionalism.</p> <p>Psychodynamic approach. Psychoanalysis.</p> <p>Behaviorism.</p> <p>Humanistic-existential psychology. Cognitive psychology.</p> <p>Recent trends in psychology: socio-cultural and biological approaches (evolutionary psychology and neuropsychology).</p> <p>Developmental psychology: Piaget's theory of cognitive development, Kohlberg's theory of moral development. Erikson's theory.</p> <p>Cognitive processes: perception and the formation of impressions. Concepts. Language and communication.</p> <p>Cognitive processes: memory, attention, learning, thinking and reasoning.</p> <p>The role of emotions and motivation in the organization of action: characteristics of emotions.</p> <p>The role of emotions and motivation in the organization of action: characteristics of motivation. The concept of activity.</p> <p>Social motives.</p> <p>Manifestations of disorganization of action stress and its determinants. Professional burnout.</p> <p>Psychology of personality: traits, motivational and cognitive components of personality. Selected theories of personality.</p> <p>Temperament and intelligence.</p> <p>The regulatory role of the self in action. The role of self-esteem and self-image in guiding human action.</p> <p>Norm and mental health. Selected categories of mental disorders.</p> <p>Interpersonal communication.</p> <p>Conflicts</p>		
Prerequisites and co-requisites	.General humanities knowledge derived from the core curriculum implemented at lower levels of education		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	.	85.0%	0.0%
	.	51.0%	100.0%

Recommended reading	Basic literature	<p>A.1 used in the classroom</p> <ul style="list-style-type: none"> • Mietzel G. (2003). Wprowadzenie do psychologii. Gdańsk, GWP. • Cialdini, R. (2007). Wywieranie wpływu na ludzi. Gdańsk, GWP. • McWrither i in. (2001) . Zagrożona młodzież, Warszawa: PARPA • Rathus Psychologia współczesna. Gdańsk GWP • <p>Wojciszke, B. (2011) Psychologia społeczna. Warszawa: Scholar (wybrane rozdziały).</p> <p>A.2 studied independently by the student:</p> <ul style="list-style-type: none"> • Aronson, E., Wilson, T.D. i Akert, R.M. (1997). Psychologia społeczna. Poznań, Zysk i Spółka. • Carson, Butcher, Mineka, (2003). Psychologia zaburzeń. Gdańsk: GWP. <p>Plus odpowiednio do treści zajęć wskazywana przez prowadzącego.</p>
	Supplementary literature	<ul style="list-style-type: none"> • Fontana, D. (1998). Psychologia dla nauczycieli. Poznań, Zysk i Spółka. • Gajewski M. (red.), (2011). Kontrowersyjne grupy kultowe i sekty.
	eResources addresses	Adresy na platformie eNauczanie:
Example issues/ example questions/ tasks being completed		
Work placement	Not applicable	

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