

Subject card

Subject name and code	Selected religious traditions II - exercises (Far East religions), PG_00152730						
Field of study	Religious Studies						
Date of commencement of studies	October 2024	Academic year of realisation of subject			2024/2025		
Education level	undergraduate studies	Subject group			Obligatory subject group in the field of study		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	1	Language of instruction			Polish polish		
Semester of study	1	ECTS credits			3.0		
Learning profile	academic	Assessment form					
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Joanna Różycka-Tran				
	Teachers		dr hab. Joanna Różycka-Tran dr hab. Małgorzata Sacha				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		50.0	82
Subject objectives	<p>Hinduism as a panorama of the diverse religious traditions of the Indian subcontinent is characterized by a certain community of social and symbolic representations, ritual practices and revealed scriptures. During the classes, we will review the most important cultural and religious phenomena on the basis of which Hinduism was shaped. Starting with the presentation of the phenomenon of pre-Vedic civilization, culture and religion of the Vedic and post-Vedic periods, we will move on to a discussion of the most important religious-forming factors shaping the face of classical and contemporary Hinduism: epic literature (Mahabharata and Ramayana) and the history of religious and philosophical trends such as: bhakti, tantrism, yoga. We will present the assumptions of the temple cult, and at the end of the series of classes we will analyze the relations between Hinduism and Islam, the colonial legacy and the connections between Hinduism and nationalism.</p> <p>The theoretical content discussed during the lecture will be deepened and discussed during the exercises, where various meditation techniques will be presented within the framework of the Buddhist trends presented during the lecture. During the exercises, students will learn about and experience various forms of meditation and meditation techniques.</p>						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[RELL3_W04] Has advanced, structured knowledge of the history of various religions, understands the historical conditions of their development	student demonstrates a comprehensive knowledge of Buddhism and knows the place of Buddhism among world religions. Understands the historical conditions of the development of Buddhism in the world.	[SW1] oral statement/ conversation/discussion
	[RELL3_W03] Has advanced, structured detailed knowledge of cultural and religious studies	Has knowledge of Hinduism and Buddhism and their place among world religions.	[SW2] presentation/project/paper/ report
	[RELL3_U02] Be able to recognise different types of ancient and contemporary cultural artefacts and to critically analyse and interpret them in order to determine their meanings, social impact and place in the historical-cultural process	student understands contemporary processes taking place in regions where Hinduism and Buddhism dominate.	[SU1] oral statement/conversation/ discussion
	[RELL3_K03] Is willing to acknowledge and respect different points of view determined by different religious, national and cultural backgrounds	student demonstrates openness and tolerance towards cultural and religious differences.	[SK1] oral statement/conversation/ discussion
[RELL3_W08] He knows the dangers of religious conflicts, understands the importance of consensus-oriented action and the search for solutions based on mutual respect and the rejection of all forms of discrimination	student is ready to recognize and respect different points of view determined by different religious, national and cultural backgrounds.	[SW1] oral statement/ conversation/discussion	
Subject contents	<p>Hinduism: Introduction to the course. Pre-Aryan India. Indus Valley Civilization Vedic religion: ritual. Vedic pantheon Discussions around the construction of the concept of Hinduism Epics: Mahabharata and Ramayana. Image of society and religion Bhakti movement and temple Hinduism Tantrism Yoga: "classical" and later forms: hatha yoga, tantric yoga Late Hinduism, syncretic tendencies, relations with Islam, Sikhism, colonial period, "Indian Renaissance" Buddhism: 1. Exercises of sample meditation techniques. 2. Films illustrating the cultural reality of Buddhists in Asia. 3. Contemporary Western therapies based on Eastern Buddhist philosophy. 4. Mindfulness and mindfulness therapies based on meditation techniques</p>		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	presence	75.0%	50.0%
	written/oral exam	51.0%	50.0%
Recommended reading	Basic literature	<p>Flood, G. (2008). <i>Hinduizm. Wprowadzenie</i>, Kraków: Wydawnictwo Uniwersytetu Jagiellońskiego.</p> <p>Teasdale, J., Williams, M., Segal, Z. (2016). <i>Praktyka uważności</i>. Kraków: Wyd. Uniwersytetu Jagiellońskiego</p>	

	Supplementary literature	<p>Brockington, J. L. (1990). <i>Święta nić hinduizmu</i>, Warszawa.</p> <p>Brockington, J. L. (1998). <i>The Sanskrit Epics</i>. E. J. Brill.</p> <p>Cyboran, L. (tłum.) (1986). <i>Klasyczna joga indyjska. Jogasutry przypisywane Patañdzalemu i Jogabhaszja, czyli komentarz przypisywany Wjasie</i>. BKF.</p> <p>Hawley, J.S., Novetzke, C.L., Sharma, S. (eds.) (2019). <i>Bhakti and Power: Debating India's Religion of the Heart</i>. University of Washington Press.</p> <p>Lopez, S. (red.). (2001). <i>Praktyki religijne w Indiach</i>. Warszawa 2001.</p> <p>Lorenzen, D. N. (2006). <i>Who Invented Hinduism: Essays on Religion in History</i>. Yoda Press.</p> <p>Mallinson, J; Singleton, M. (2017). <i>Roots of Yoga</i>. Penguin Books.</p> <p>Padoux, A. (2017). <i>The Hindu Tantric World. An Overview</i>. University of Chicago Press.</p>
	eResources addresses	<p>Podstawowe</p> <p>https://referenceworks-1brillonline-1com-1cincvidg01a6.hps.bj.uj.edu.pl/browse/brill-s-encyclopedia-of-hinduism - Brill's Encyclopedia of Hinduism Online, Edited by: Knut A. Jacobsen (Editor-in-Chief), University of Bergen, and Helene Basu, University of Münster, Angelika Malinar, University of Zürich, Vasudha Narayanan, University of Florida (AssociateEditors)</p> <p>Adresy na platformie eNauczanie:</p>
Example issues/ example questions/ tasks being completed	lack	
Work placement	Not applicable	

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