

Subject card

Subject name and code	Soft Skills Workshop, PG_00136720						
Field of study	Warsztaty z zakresu technik miękkich						
Date of commencement of studies	October 2024		Academic year of realisation of subject		2025/2026		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		1.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Department of Business Informatics -> Faculty of Management -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Dorota Buchnowska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		0.0	30
Subject objectives	The aim of the course is to develop interpersonal skills and social competencies that are crucial in teamwork and professional relationships. Participants during the workshops will learn effective communication, emotional management, conflict resolution, and group collaboration. The goal is also to increase awareness of one's own reactions in stressful situations and to develop adaptive abilities, which contribute to improved effectiveness in both professional and personal relationships. The workshops aim to prepare participants to handle challenges in the workplace, where soft skills play a key role in building relationships, collaboration, and achieving goals.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[liEL3_K03] The student can work in, co-create and manage a team; adapts his/her behavior and conduct to his/her role in it; is ready to take responsibility for the team and bear the consequences; understands the necessity of regularity and consistency in action; is open to other team members and critical of himself.	The student can effectively work in a team using soft skills, manage conflict, and support group collaboration. Knows the basics of working with neurodiverse teams and remote teams.	[SK1] wypowiedź ustna/rozmowa/dyskusja [SK8] obserwacja samodzielnej lub zespołowej pracy studenta
	[liEL3_K02] The student can communicate with the public on computer science and econometrics topics in and outside the workplace, communicate his knowledge and share his skills through various media.	The student can effectively communicate and present information, adapting the form of the message to the target group, using soft skills.	[SK2] prezentacja/projekt/referat/raport
	[liEL3_W02] The student has advanced knowledge of economic structures and institutions, the processes in them, the connections between them and their dynamics; knows the phenomena and processes occurring in their environment.	The student understands how interpersonal relationships and self-management, as well as managing others, impact communication effectiveness and management within organizations. Knows techniques for coping with stress.	[SW1] wypowiedź ustna/rozmowa/dyskusja [SW2] prezentacja/projekt/referat/raport
	[liEL3_U09] The student can prepare a typical written work, oral speech and multimedia presentation on the functioning and development of the national economy and its elements, the course of simple economic phenomena and processes, obtaining data about them, collecting, processing and analyzing them.	The student can create multimedia presentations and knows presentation techniques using soft skills, ensuring coherence, clarity of message, and audience engagement.	[SU1] wypowiedź ustna/rozmowa/dyskusja [SU2] prezentacja/projekt/referat/raport
	[liEL3_W03] The student has advanced knowledge of man as an entity that creates economic structures and institutions.	The student has knowledge of the impact of psychological aspects (e.g., motivation, emotions) on building relationships in teams and organizations.	[SW5] realizacja zadania problemowego
Subject contents	Interpersonal communication, emotional and stress management, conflict resolution, teamwork, time management and work organization, motivation and engagement, public speaking.		
Prerequisites and co-requisites	Motivation for personal and social skill development, willingness to actively participate, openness to feedback.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Practical tasks (scenarios, simulations)	51.0%	20.0%
	Group presentation, assessment of teamwork	51.0%	30.0%
	Individual work	51.0%	30.0%
	Class participation (contribution to discussions)	51.0%	20.0%
Recommended reading	Basic literature	Thinking, Fast and Slow Daniel Kahneman Lateral Thinking Edward de Bono	

	Supplementary literature	The Five Dysfunctions of a Team Patrick Lencioni Dare to Lead Brené Brown How to Win Friends and Influence People Dale Carnegie
	eResources addresses	
Example issues/ example questions/ tasks being completed		
Work placement	Not applicable	

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