

Subject card

Subject name and code	Sexual life of a man with disability, PG_00149961						
Field of study	Special Pedagogy						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	uniform Master's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	4		ECTS credits		3.0		
Learning profile	academic		Assessment form				
Conducting unit	Division of Special Education -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Marta Jurczyk				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		50.0	80
Subject objectives	To introduce the issue of sexuality of people with disabilities: intellectual, motor, chronically ill.To provide knowledge on psychosexual development in the human life cycleTo familiarize students/students with preventive measures to counteract sexual violence against people with disabilities.To acquire skills related to defining problems around sex education in individual and social dimensions						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[C.2.U.1] is able to analyze phenomena, dependencies, connections and problems occurring in the area of teaching-learning process of children and students with special educational needs, referring to psychological knowledge	is able to use in-depth theoretical knowledge in the field of sexuality pedagogy of people with disabilities and related disciplines in order to analyze and interpret problems of sexual life of people with disabilities, including educational and social problems	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU5] implementation of a problem task
	[C.2.W.5] Knows and understands the basics of rehabilitation psychology: issues of disability and rehabilitation, disability in the context of health, disability from a developmental perspective, the needs of children and adolescents with disabilities and chronic diseases, the psychological consequences of physical and intellectual disabilities and chronic illness, life problems and developmental opportunities of children and adolescents with disabilities and chronic diseases; the essence and psychosocial consequences of visible and invisible disability or chronic illness; psychological mechanisms of perceiving one's own disability and chronic illness; the issue of disability and chronic illness in the context of self-image and social perception of children and adolescents; processes of stereotyping, stigmatization and self-marginalization; psychosocial adaptation to life with disability and chronic illness - developmental changes, the essence and conditions of a satisfactory quality of life; positive developmental aspects in the context of disability and chronic illness; external and internal resources in developing the potential of children and adolescents with disabilities or chronic illness; traditional and contemporary approaches to the rehabilitation of people with disabilities and chronic illness; the importance of participation in the rehabilitation of people with disabilities - the concept of self-care and partnership in the process of therapeutic and rehabilitation activities; forms of psychological support for children and young people with disabilities and chronic diseases; principles of supporting the development of creativity and interests	Knows and understands the basics of the psychology of sexuality: issues of disability and sexuality of people with disabilities, sexuality of people with disabilities from a developmental perspective, the needs of children and adolescents with disabilities in terms of psychosexual development	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion
	[C.2.K.2] Is ready to demonstrate the right attitude towards children and students with special educational needs	is ready to build proper relationships to a greater extent in order to support the psychosexual development of people with disabilities based on their knowledge of the pedagogy of sexuality of people with disabilities	[SK2] presentation/project/paper/report [SK6] demonstration of practical skills
	[C.2.K.1] Is ready to use knowledge of rehabilitation and disability psychology in solving cognitive and practical problems and to seek the opinion of psychologists in case of difficulties in solving problems independently	is ready to undertake pedagogical activities in a social environment and professional challenges; is ready to take responsibility for the implementation of tasks related to the psychosexual development of people with disabilities	[SK2] presentation/project/paper/report [SK6] demonstration of practical skills

	Course outcome	Subject outcome	Method of verification
	[C.2.W.3] Knows and understands the basics of educational psychology and psychoprophylaxis: the educational process in the context of developmental challenges of children and students with special educational needs, psychological dimensions of educational interaction and educational influence strategies, education for values and responsibility, shaping prosocial attitudes, emotional and social competences (development, disruptions, diagnosis, conditions and possibilities of shaping), sources of social maladjustment and diagnosis of its risk, psychological consequences of environmental neglect, educational and adaptation difficulties resulting from changes in the living environment, assumptions of universal and selective prevention, attitudes and educational styles	Knows and understands the basics of the psychology of sexual development and sexuality pedagogy; sexual education, the educational role of sexuality development and prevention in this area: the process of supporting sexuality in the context of the developmental challenges of children and students with special educational needs, the psychological dimensions of educational interaction and the strategies of educational influences in the area of sexual education	[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion
	[C.2.W.1] knows and understands the psychological conditions of children's and students' development: development environment - structure and consequences, factors disturbing the development process, consequences of unpunctuality of life events, mechanism of adaptation and adaptation difficulties, developmental disorders and delays, developmental challenges, concepts of quality of life and well-being	knows and understands in depth the etiology and symptomatology of sexual disorders in specific disabilities	[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion
Subject contents	1. The linguistics of gender and sexuality-the construction of discourses around sexuality2. Sexuality in the life cycle- infancy,childhood,adolescence.3. Old age and love and sex - the sexuality of adulthood.4. Sexuality of chronically ill people and people with physical disabilities.5. Prevention of sexual violence against people with disabilities. Prevention programs in Poland and around the world.6. Sexuality of persons with disabilities in the legal and systemic context.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Written colloquium	51.0%	100.0%
Recommended reading	Basic literature	A.Literature required for final course credit (passing the exam):A.1. used during the class:Starowicz, L., Długolecka, A., Sex education, 2006Bee, H., Psychology of human development, 2004Beisert M., Sexuality in the human life cycle, 2006Ponikiewska, W., Human sexuality: for the young, mature and in the autumn of life, 2008Allen, L., Sexual Subjects: Young People, Sexuality and Education, 2005Dziewiecki, M., Carnality, sexuality, 2000Izdebski Z., Sexual pedagogy, [in:] Pilch, J., Encyclopedia PedagogicznaKijak R., Sex and disability. Sexual experiences of people with intellectual disabilities, Impuls 2010	
	Supplementary literature	A.2. studied independently by the student:Pankowska D., Education and gender roles: an educational program, 2005Chomczynska-Rubacha, M., Journey into the unknown: about love, sex and family: lesson plans, 1997	
	eResources addresses	Adresy na platformie eNauczanie:	
Example issues/ example questions/ tasks being completed	Not applicable		
Work placement	Not applicable		

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