

Subject card

Subject name and code	Sexuality of people with intellectual disabilities, PG_00150055						
Field of study	Special Pedagogy						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2029/2030		
Education level	uniform Master's studies		Subject group		Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	5		Language of instruction		Polish		
Semester of study	10		ECTS credits		4.0		
Learning profile	academic		Assessment form				
Conducting unit	Division of Special Education -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Marta Jurczyk				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		70.0	100
Subject objectives	Introduction to the issues of sexuality of people with intellectual disabilities and the specificity of the functioning of the area of sexuality at a specific degree of intellectual disability (mild, moderate, profound and profound)Familiarizing students with educational activities in the area of sexuality for people with disabilities. Providing skills related to designing activities in the area of sexual education for people with intellectual disabilities.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[E.11.K.2] Is ready to use the acquired knowledge to analyze pedagogical events	is ready to undertake pedagogical activities in a social environment and professional challenges; is ready to take responsibility for carrying out tasks related to sexual education of people with disabilities	[SK1] oral statement/conversation/discussion [SK5] implementation of a problem task [SK8] observation of student's independent or team work
	[E.11.U.3] Is able to analyze the psychological aspects of education and rehabilitation of people with intellectual disabilities; present criteria for defining intellectual disability in clinical psychology; determine the genesis of intellectual disability; apply the basics of diagnostics; analyze and apply the psychological foundations of therapy for people with intellectual disabilities; apply selected methods, techniques and programs of psychological rehabilitation	is able to diagnose exclusionary situations in the field of sexuality of people with disabilities in relation to his/her psychosexual development, is able to analyze normalization and integration activities in the environment in relation to the sphere of sexuality of people with disabilities	[SU5] implementation of a problem task [SU8] observation of student's independent or team work
	[E.11.W.3] Knows and understands the psychological aspects of education and rehabilitation of people with intellectual disabilities; criteria for defining intellectual disability in clinical psychology; the origins of intellectual disability; diagnostics basics; psychological foundations of therapy for people with intellectual disabilities; selected methods, techniques and programs of psychological rehabilitation	knows and understands in depth the needs in the area of sexuality of disabled people and the rehabilitation and therapeutic possibilities in this area, has knowledge of legal regulations supporting sexual development	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report [SW5] implementation of a problem task
Subject contents	1. Spaces of sexual education in local and international dimensions - school, community, media. Formal and non-formal sexual education of people with intellectual disabilities. 2. Sexual education for people with mild intellectual disabilities 3. Sexual education of people with intellectual disabilities at a deeper and profound level and with couplings. 4. Being a couple and being a parent of people with intellectual disabilities. Challenges and needs. 5. Sexuality, gender and disability - gender identification and gender roles. 6. (Un)wanted sexuality - exclusion, discrimination, taboo processes. 7. Disabled as queer? Critical interpretations of the sexuality of people with disabilities (queer theory, crip theory). 8. Assistance, advisory and educational activities in the field of sexuality of people with disabilities, their families and therapists.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Activity in class	51.0%	20.0%
	Final project	51.0%	80.0%
Recommended reading	Basic literature	A. Literature required to finally pass the course (pass the exam):A.1. used during classes:Starowicz, L., Długolecka, A., Sexual education, 2006Bee, H., Psychology of human development, 2004Beisert M., Sexuality in the human life cycle, 2006Ponikiewska, W., Human sexuality: for young, mature and in the autumn of life, 2008Allen, L., Sexual Subjects: Young People, Sexuality and Education, 2005Dziewiecki, M., Corporeality, gender, sexuality, 2000Izdebski Z., Sexual pedagogy, [in:] Pilch, J., Encyklopedia PedagogicznaKijak R., Sex and disability. Sexual experiences of people with intellectual disabilities, Impuls 2010	
	Supplementary literature	A.2. studied independently by the student:Pankowska D., Upbringing and gender roles: educational program, 2005Chomczyńska-Rubacha, M., Journey into the unknown: about love, sex and family: lesson plans, 1997	
	eResources addresses	Adresy na platformie eNauczanie:	
Example issues/ example questions/ tasks being completed	Not applicable		
Work placement	Not applicable		

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