

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------|------------|-----|
| Subject name and code                       | Processes in the family: communication and conflict - lecture, PG_00131998                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Field of study                              | Criminology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Date of commencement of studies             | October 2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                          | Academic year of realisation of subject                                                                                                                                                                                                                                          |                                     | 2026/2027                         |            |     |
| Education level                             | Bachelor's studies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | Subject group                                                                                                                                                                                                                                                                    |                                     | Optional subject group            |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                          | Mode of delivery                                                                                                                                                                                                                                                                 |                                     | at the university                 |            |     |
| Year of study                               | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                          | Language of instruction                                                                                                                                                                                                                                                          |                                     | Polish                            |            |     |
| Semester of study                           | 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                          | ECTS credits                                                                                                                                                                                                                                                                     |                                     | 2.0                               |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          | Assessment form                                                                                                                                                                                                                                                                  |                                     | credit                            |            |     |
| Conducting unit                             | Faculty of Law and Administration -> Rector                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | dr Aleksandra Lewandowska-Walter                                                                                                                                                                                                                                                 |                                     |                                   |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Lecture                                                  | Tutorial                                                                                                                                                                                                                                                                         | Laboratory                          | Project                           | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 15.0                                                     | 0.0                                                                                                                                                                                                                                                                              | 0.0                                 | 0.0                               | 0.0        | 15  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Participation in didactic classes included in study plan |                                                                                                                                                                                                                                                                                  | Participation in consultation hours |                                   | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 15                                                       |                                                                                                                                                                                                                                                                                  | 0.0                                 |                                   | 35.0       | 50  |
| Subject objectives                          | Students gain knowledge of the psychosocial determinants and consequences of intra-family communication of close relationships, with particular emphasis on marital, intergenerational and inter-sibling relationships at different stages of their duration. Students gain knowledge about the nature of conflicts in close interpersonal relationships and ways to resolve them, which will allow to better describe and understand, and in practice to diagnose and explain problems of specific behavior of family members in difficult situations. |                                                          |                                                                                                                                                                                                                                                                                  |                                     |                                   |            |     |
| Learning outcomes                           | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          | Subject outcome                                                                                                                                                                                                                                                                  |                                     | Method of verification            |            |     |
|                                             | [KRYML3_WG02] To an advanced degree, he knows the terminology and key concepts of law, criminology and related sciences, including law, psychology and sociology, to the extent related to the studied major                                                                                                                                                                                                                                                                                                                                            |                                                          | The student knows the terminology used in the field of relationship psychology, especially communication and conflict theory, and the concept of intergenerational transmission used in working with families in conflict.                                                       |                                     | [SW4] test/exam - oral or written |            |     |
|                                             | [KRYML3_WG07] Is aware with research methods and tools, including data and information acquisition techniques, appropriate for this area of knowledge                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          | The student knows methods of obtaining data that allow for the assessment of communication within the family and the psychological mechanisms of family functioning in situations of conflict requiring, among other things, the intervention of support services and/or courts. |                                     | [SW4] test/exam - oral or written |            |     |
|                                             | [KRYML3_KK01] Is aware of the level of his knowledge and skills, and understands the need for lifelong learning and the need to expand professional competence and qualifications, as well as to improve skills                                                                                                                                                                                                                                                                                                                                         |                                                          | The student is aware of the knowledge and skills needed to work with families in conflict and crisis situations and understands the need to improve them and to supervise their work.                                                                                            |                                     | [SK4] test/exam - oral or written |            |     |

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|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------|
| Subject contents                | <p>Communication and quality of life - between theory and practice<br/>         Communication in the family, its determinants and consequences<br/>         Specifics of marital communication, selected typologies<br/>         Communication in intergenerational relations<br/>         Relationships in the subsystem of siblings<br/>         Psychological determinants of family conflicts. Types of partnership and family conflicts<br/>         Coping strategies of the child with parental conflict<br/>         Developmental crises in the life cycle and family and communication processes<br/>         Interventions to strengthen individual and family resources in the area of communication<br/>         Support for a family in conflict or with other communication difficulties in the form of psychoeducation</p>                                                                                                                                                                                                                                                                                                                                                                                                                                        |                   |                               |
| Prerequisites and co-requisites |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                   |                               |
| Assessment methods and criteria | Subject passing criteria                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Passing threshold | Percentage of the final grade |
|                                 | test/written exam                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 51.0%             | 100.0%                        |
| Recommended reading             | <p>Basic literature</p> <p>Goldenberg, H., Goldenberg, I. (2006). <i>Terapia rodzin</i>. Kraków: Wydawnictwo Uniwersytetu Jagiellońskiego, str. 24-53, 361-379</p> <p>Harwas-Napierała B. (2008), <i>Komunikacja interpersonalna w rodzinie</i>. Poznań, Wydawnictwo Naukowe UAM.</p> <p>Kaźmierczak, M. (2008). <i>Oblicza Empatii w Relacjach Małżeńskich. Perspektywa Psychologiczna</i>. Gdańsk: Wyd. UG</p> <p>Kaźmierczak, M. (2015). <i>Oblicza empatii w procesie adaptacji do rodzicielstwa</i>. Warszawa: Scholar.</p> <p>Kaźmierczak, M., Płopa, M. (2012). <i>Komunikacja w bliskich związkach. Teoria i metoda badania</i>. Warszawa: Vizja Press &amp; IT.</p> <p>Mandal, E. (2008). <i>Miłość, władza i manipulacja w bliskich związkach</i>. Warszawa: Wydawnictwo Naukowe PWN</p> <p>Ryś, M. (1998). <i>Konflikty w rodzinie niszczą czy budują?</i> Warszawa : Centrum Metodyczne Pomocy Psychologiczno-Pedagogicznej MEN</p> <p>Janicka, I. i Liberska, H. (2014). <i>Psychologia rodziny</i>. Warszawa: PWN</p> <p>Płopa M. ( 2008). <i>Więzi w małżeństwie i rodzinie. Metody badań</i>. Kraków. Wydawnictwo IMPULS.</p> <p>Rostowski J. Rostowska T. (2014). <i>Małżeństwo i miłość. Kontekst psychologiczny i neuropsychologiczny</i>. Warszawa: DIFIN</p> |                   |                               |

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|                                                                | Supplementary literature | <p>Braun-Gałkowska M. (1992), Psychologiczna analiza systemów rodzinnych osób zadowolonych i niezadowolonych z małżeństwa. Lublin: TN KUL.</p> <p>Lewandowska-Walter, A., Błażek, M. i Bruski, W. (2013). Diagnoza Węzi Rodzinnych Dzieci i Młodzieży. Gdańsk: PTPiP. Rostowska T. (1995). Transmisja międzypokoleniowa w rodzinie w zakresie wybranych wymiarów osobowości. Łódź: Wydawnictwo UŁ.</p> <p>Rostowska T. (2008). Małżeństwo, rodzina, praca a jakość życia. Kraków: Oficyna Wydawnicza Impuls.</p> <p>Rostowski J. (1987). Zarys psychologii małżeństwa. Warszawa: PWN.</p> |
|                                                                | eResources addresses     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Example issues/<br>example questions/<br>tasks being completed |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Work placement                                                 | Not applicable           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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