

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------------------------------------------------------|------------|-----|
| Subject name and code                       | History of Russia II, PG_00149876                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Field of study                              | Russian Philology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Date of commencement of studies             | October 2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                          | Academic year of realisation of subject                                                                                                                                                                            |                                     | 2025/2026                                                                          |            |     |
| Education level                             | Bachelor's studies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                          | Subject group                                                                                                                                                                                                      |                                     | Obligatory subject group in the field of study                                     |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | Mode of delivery                                                                                                                                                                                                   |                                     | at the university                                                                  |            |     |
| Year of study                               | 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | Language of instruction                                                                                                                                                                                            |                                     | Polish                                                                             |            |     |
| Semester of study                           | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | ECTS credits                                                                                                                                                                                                       |                                     | 3.0                                                                                |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          | Assessment form                                                                                                                                                                                                    |                                     | exam                                                                               |            |     |
| Conducting unit                             | Institute of Russian and Eastern Studies -> Faculty of Languages -> Rector                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                          | dr Bianca Sadowska                                                                                                                                                                                                 |                                     |                                                                                    |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Lecture                                                  | Tutorial                                                                                                                                                                                                           | Laboratory                          | Project                                                                            | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 30.0                                                     | 0.0                                                                                                                                                                                                                | 0.0                                 | 0.0                                                                                | 0.0        | 30  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Participation in didactic classes included in study plan |                                                                                                                                                                                                                    | Participation in consultation hours |                                                                                    | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 30                                                       |                                                                                                                                                                                                                    | 2.0                                 |                                                                                    | 43.0       | 75  |
| Subject objectives                          | Familiarizing students with the main directions of political, territorial, socio-economic and cultural development of Russian Empire and USSR along with their speciificy.                                                                                                                                                                                                                                                                                                                                                                                             |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Learning outcomes                           | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          | Subject outcome                                                                                                                                                                                                    |                                     | Method of verification                                                             |            |     |
|                                             | [FROSL3_W11] The graduate has basic contextual knowledge of auxiliary and related fields relevant to Russian philology, which support research on the Russian language and literature, as well as the professional development of a Russian language specialist.                                                                                                                                                                                                                                                                                                       |                                                          | Having a basic, but coprehensive knowledge of Russian history, the student is able to recognize its influence and references to it in relative disciplines - such a history of literature, linguistics and others. |                                     | [SW4] test/exam - oral or written<br>[SW1] oral statement/ conversation/discussion |            |     |
|                                             | [FROSL3_W10] The graduate has knowledge and understanding of the fundamental dilemmas of contemporary civilization, with a particular emphasis on the historical and cultural context of the Russian-speaking regions.                                                                                                                                                                                                                                                                                                                                                 |                                                          | The student understands the mechanisms governing contemporary Russia and the countries of the former USSR, and possesses knowledge and awareness of the origins of the problems of the modern world                |                                     | [SW1] oral statement/ conversation/discussion                                      |            |     |
| Subject contents                            | 19th century (Alexander I, Nicholas I, Alexander II and the Abolition of Serfdom, Alexander III's Counter-Reforms. The rule of the last tsar - Nicholas II. The birth of the workers' movement. War with Japan. Revolutions: 1905-1907, February 1917, October 1917. World War I. Lenin. Stalin's dictatorship, terror, gulags, World War 2: course, consequences. Nikita Khrushchev. A period of stagnation - Leonid Brezhnev in power. Andropov and Chernenko. "Perestroika" I "glasnost" - Mikhail Gorbachev. The difficult 90's - russia under Boris Yeltsin rule. |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Prerequisites and co-requisites             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                          |                                                                                                                                                                                                                    |                                     |                                                                                    |            |     |
| Assessment methods and criteria             | Subject passing criteria                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          | Passing threshold                                                                                                                                                                                                  |                                     | Percentage of the final grade                                                      |            |     |
|                                             | exam                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          | 51.0%                                                                                                                                                                                                              |                                     | 100.0%                                                                             |            |     |

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| Recommended reading                                            | Basic literature         | <p>Bazyłow L., Historia Rosji, t. 1-2, Warszawa 1985.</p> <p>Pipes R., Rosja carów, Warszawa 1990.</p> <p>Heller M., Historia imperium rosyjskiego, Warszawa 2000.</p> <p>Smoleń M., stracone dekady. Historia ZSRR 1917-1991, Warszawa 1994.</p>        |
|                                                                | Supplementary literature | <p>Zernack K., Polska i Rosja. Dwie drogi w dziejach Europy, Warszawa 2000.</p> <p>Massie R.K. , Mikołaj i Aleksandra, Warszawa 1998</p> <p>Sobczak J., Mikołaj II. Ostatni car Rosji, Warszawa 2009.</p> <p>Lincoln W.B., Mikołaj I, Warszawa 1988.</p> |
|                                                                | eResources addresses     |                                                                                                                                                                                                                                                          |
| Example issues/<br>example questions/<br>tasks being completed |                          |                                                                                                                                                                                                                                                          |
| Work placement                                                 | Not applicable           |                                                                                                                                                                                                                                                          |

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