

Subject card

Subject name and code	Psychological diagnostics: MMPI Assessment, PG_00148312						
Field of study	Psychology						
Date of commencement of studies	October 2025		Academic year of realisation of subject			2027/2028	
Education level	uniform Master's studies		Subject group			Obligatory subject group in the field of study	
Mode of study	full-time studies		Mode of delivery			at the university	
Year of study	3		Language of instruction			Polish	
Semester of study	6		ECTS credits			2.0	
Learning profile	academic		Assessment form			credit	
Conducting unit	Division of Clinical and Health Psychology -> Institute of Psychology -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Agata Rudnik				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	15.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		10.0		30.0	55
Subject objectives	The objective of the course is to familiarize students with the diagnostic tool, the Minnesota Multiphasic Personality Inventory-2 (MMPI-2), develop skills in conducting assessments using it, calculating and interpreting results, as well as fostering attentiveness, accuracy, and sensitivity in personality diagnostics.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PSYCHJ5_K05] He/she is convinced of the necessity and importance of behaving in a professional manner and adheres to the principles of professional ethics; he/she sees and formulates moral problems and ethical dilemmas related to his/her own and someone else's work; he/she seeks optimal solutions and the possibility of correcting incorrect psychological actions.	The student is able to propose and justify solutions to ethical problems that may arise during research using the MMPI-2 questionnaire. They also understand their responsibility for the well-being of research participants and can take appropriate actions in case of ethical violations.	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK5] implementation of a problem task [SK8] observation of student's independent or team work
	[PSYCHJ5_K08] He/she is aware of the ethical dimension in scientific research.	The student is able to reflect on their own research and diagnostic activities from an ethical perspective and is prepared to make necessary adjustments to comply with current ethical standards.	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK5] implementation of a problem task [SK8] observation of student's independent or team work
	[PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.	The student is able to define and explain key terms related to the MMPI-2 test, including various types of scales (control, clinical, restructured, content, supplementary) and psychometric concepts (reliability, validity, norms). They also possess in-depth knowledge of the theoretical foundations underlying MMPI-2, including assumptions about test construction, psychological theories underlying result interpretation, and the role of standardization in the diagnostic process.	[SW1] oral statement/conversation/discussion [SW3] text preparation/written work [SW5] implementation of a problem task
	[PSYCHJ5_K03] He/she appreciates the importance of psychological sciences for the development of an individual and proper social ties, he/she has a positive attitude to acquiring knowledge in the field of the studied scientific discipline and building a psychologist's workshop.	The student knows and understands the methodology of using MMPI-2, including the principles of test administration, completion procedures, and the ethical aspects of conducting the assessment. The student is also able to critically evaluate the usefulness and limitations of MMPI-2 in the context of different populations and diagnostic situations, considering alternative methods of psychological assessment.	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK8] observation of student's independent or team work
	[PSYCHJ5_W08] He/she has in-depth and expanded knowledge of the psychological foundations of human functioning.	The student is able to apply acquired theoretical knowledge to the analysis of real clinical cases, formulating accurate and evidence-based psychological diagnoses.	[SW1] oral statement/conversation/discussion [SW3] text preparation/written work [SW5] implementation of a problem task
	[PSYCHJ5_U07] He/she has in-depth skills of observing, diagnosing, rationally assessing complex psychological situations and analysing motives and patterns of human behaviour.	The student is able to formulate diagnostic conclusions and create professional psychological reports, presenting MMPI-2 results in a manner that is understandable to both specialists and patients.	[SU1] oral statement/conversation/discussion [SU3] text preparation/written work [SU5] implementation of a problem task [SU8] observation of student's independent or team work
	[PSYCHJ5_U02] He/she is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyse complex psychological, educational, aid or therapeutic problems, as well as diagnose and design practical activities.	The student is able to integrate theoretical knowledge from personality psychology, psychopathology, and psychometrics to accurately interpret MMPI-2 results. They are also capable of designing appropriate practical actions based on MMPI-2 results, such as therapeutic interventions or psychoeducational programs.	[SU1] oral statement/conversation/discussion [SU3] text preparation/written work [SU5] implementation of a problem task [SU8] observation of student's independent or team work

Subject contents	1. Introduction to MMPI-2 - history and development of the MMPI test, - structure of MMPI-2: basic scales and supplementary scales, - theoretical foundations of MMPI-2 (including test reliability and validity, MMPI-2 standarization principles). 2. Administration of MMPI-2 - instructions for respondents, test completion rules, - ethical aspects of test administration. 3. Analysis and Interpretation of MMPI-2 results - interpretation of control scales, - personality profile based on clinical and restructured scales, - application of content and supplementary scales. 4. Practical Applications of MMPI-2 - diagnosis of mental disorders, - application in clinical contexts, - application in judiciary and forensic psychology. 5. Reporting MMPI-2 Results - formulating diagnostic conclusions, - writing psychological reports (including presenting results in a way understandable to patients and other professionals). 6. Case Studies and Practical Exercises - analysis of real cases, - group discussions.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Individual work (psychological opinion)	41.0%	80.0%
	Group work / activity during the course	10.0%	20.0%
Recommended reading	Basic literature	Butcher, J.N., Graham, J.R., BenPorath, Y.S., Tellegen, A., & Dahlstrom, W.G. (2012). <i>MMPI-2 Minnesota Multiphasic Personality Inventory-2 (Manual)</i> . Psychological Test Laboratory of the Polish Psychological Association (PTP). Graham, J.R. (2015). <i>MMPI-2. Personality and Psychopathology Assessment</i> . Psychological Test Laboratory of the Polish Psychological Association (PTP).	
	Supplementary literature	Głowacka, A. (2021). Interpretation Strategy of MMPI-2 Protocol - A Case Study of a Patient with Bipolar Disorder in the Remission Period of Hypomanic Symptoms. <i>Psychiatria i Psychologia Kliniczna (Journal of Psychiatry & Clinical Psychology)</i> , 21(3). Kucharski, T., & Gomuła, J. (1998). <i>Introduction to MMPI-2</i> . Clinical Psychology and Personality Development Laboratory.	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Prepare a psychological opinion based on the data obtained from the interview, observation, and MMPI-2 questionnaire results.		
Work placement	Not applicable		

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