

Subject card

Subject name and code	Cognitive Psychology, PG_00148284						
Field of study	Psychology						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2027/2028		
Education level	uniform Master's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	5		ECTS credits		3.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of General Psychology -> Institute of Psychology -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Edyta Orłowska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	45.0	0.0	0.0	0.0	45
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	45		10.0		35.0	90
Subject objectives	Providing students with knowledge about the cognitive mechanisms of mental activity understood as human intentional activity. The student becomes acquainted with classic and modern models of individual cognitive processes of varying degrees of complexity (including attention, perception, memory, thinking), as well as more holistic concepts of the entire mind and voluntary activities.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PSYCHJ5_W01] He/she knows the terminology used in psychology and its application in related disciplines at the advanced level.	Knows the terminology used in cognitive psychology and its application in related disciplines at an advanced level.	[SW3] text preparation/written work
	[PSYCHJ5_W08] He/she has in-depth and expanded knowledge of the psychological foundations of human functioning.	Knowledge of the cognitive mechanisms of mental activity and regulation of intentional actions, based on the example of classical and modern models of the course of individual cognitive processes (including attention, perception, memory, thinking), as well as holistic concepts of the mind and voluntary actions. Knowledge of terminology used in cognitive psychology and structured and in-depth knowledge of human cognitive functioning	[SW4] test/exam - oral or written [SW5] implementation of a problem task
	[PSYCHJ5_K06] He/she is responsible for his/her own preparation for work, decisions taken, actions taken and their effects, he/she feels responsible towards people for whom good he/she tries to act, he/she expresses such an attitude in the environment of specialists and indirectly models this approach among others.	He is able to work in a team. He is sensitive to the ethical problems of a psychologist's work, both as a researcher and a practitioner. Is ready to communicate and cooperate with the environment. He tries to be aware of the responsibility he bears for his own behavior and decisions	[SK1] oral statement/conversation/discussion [SK5] implementation of a problem task [SK8] observation of student's independent or team work
	[PSYCHJ5_U04] He/she is able to clearly, coherently and precisely express himself/herself orally and in writing in Polish and in a foreign language, he/she has the ability to construct extensive oral and written justifications on topics related to various psychological issues using various theoretical approaches, using the achievements of both psychology and other scientific disciplines.	Is able to express himself clearly, coherently and precisely in speech and writing in Polish, has the ability to construct extensive oral and written justifications on topics relating to various issues in cognitive psychology using various theoretical approaches, drawing on the achievements of both psychology and other scientific disciplines	[SU2] presentation/project/paper/report [SU3] text preparation/written work [SU5] implementation of a problem task
	[PSYCHJ5_U11] He/she is able to work in a team performing various roles; he/she knows how to accept and assign tasks, he/she has elementary organizational skills allowing to achieve goals related to designing and undertaking professional activities.	Able to work in a team performing various roles; is able to accept and assign tasks, has elementary organizational skills enabling the achievement of goals related to designing and undertaking activities related to the use of cognitive resources and explaining the principles of the functioning of the mind.	[SU1] oral statement/conversation/discussion [SU8] observation of student's independent or team work
	[PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.	Has structured and in-depth knowledge of cognitive psychology, including terminology, theory and methodology	[SW4] test/exam - oral or written [SW5] implementation of a problem task
Subject contents	• Attention • Perception • Perception as a process of categorization • Memory models • Memory mechanisms • Concepts Thinking and reasoning • Language and communication • Making decisions, making judgments • Psychological models of temporality • Executive functions		
Prerequisites and co-requisites	None		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	gamification or written exam	51.0%	100.0%

Recommended reading	Basic literature	Maruszewski, T. (2011). Psychology of cognition. Mind and the world. Nęcka E., Orzechowski J., Szymura B. (2006). Cognitive psychology. Warsaw: PWN Scientific Publishing House Strelau, J. (2000). Psychology. Academic textbook, volume 2. General psychology. Falkowski, A., Ścigala, E., Maruszewski, T. (1997). Perception processes, [in:] M. Materska, T. Tyszka (eds.). Psychology and Cognition, ch. IX (pp. 200-223). Bruner, J.S. (1978). Beyond the information provided: studies in the psychology of cognition, chapter 1 pp. 36-54, chapter 2 pp. 99-120, chapter 3 pp. 121-136, chapter 4 pp. 137-161 Nosal, C.S. (1990). Psychological models of the mind. Part II, Warsaw: PWN pp. 137-201. Rosch, E.H. (2007). Principles of categorization, [in:] Z. Chlewiński (ed.), Cognitive psychology in the last three decades of the 20th century. Kozielecki, J. (1996). Thinking and problem solving [in:] T. Tomaszewski (ed.), General psychology Kurcz, I., Language and speech, [in:] T. Tomaszewski (ed.), General psychology. Gleason J., Ratner N. (2005). Psycholinguistics, pp. 35-40, 52-54. Nęcka, E., Orzechowski, J., Szymura, B. (2006). Cognitive Psychology, ch. 12 Kozielecki, J. (1996). Decision making, [in:] T. Tomaszewski (ed.), General psychology; Bajcar, B. (2003). Psychological models of temporality, [in:] Z. Piskorz, T. Zaleskiewicz (eds.), Psychology of mind. Gdańsk: GWP, pp. 82-95. Bajcar, B. (2002). Psychological time indicators: an overview of the most important measurement tools. Psychological Review, 45, 411-429. Nosal, C., Bajcar B. (1999). Time in the strategist's mind: temporal perspective and indicators of strategic behavior. Psychological Journal, 5, 55-68.
	Supplementary literature	Jodzio, K. (2008). Neuropsychology of intentional action. Concepts of executive functions. Warsaw: Wydawnictwo Naukowe SCHOLAR
	eResources addresses	

Example issues/ example questions/ tasks being completed	What is attention? How to assess the effectiveness of attentional processes? What is perception? How do we perceive faces and other objects? How do particular memory theories explain learning difficulties? How can memory fail us? What is thinking and what forms does it take? How do we make decisions?
Work placement	Not applicable

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