

Subject card

Subject name and code	History of Psychological Thought, PG_00147443						
Field of study	Psychology						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	uniform Master's studies		Subject group		Obligatory subject group in the field of study Humanistic-social subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		3.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of Research on Family and Quality of Life -> Institute of Psychology -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Katarzyna Skrzypińska				
	Teachers		dr hab. Katarzyna Skrzypińska				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
	eNauczanie source addresses: Moodle ID: 13324 ATC-WNS-PSYCH-M5DZ-(2025/2026)HMP https://mdl.ug.edu.pl/course/view.php?id=13324						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		20.0		30.0	80
Subject objectives	To familiarize students with the development of psychological thought throughout history, including the origins of basic schools and trends, and above all those that build modern psychology. Sensitivity to the cause-and-effect relationship of discoveries and approaches in psychology. Presentation of the importance of comparative studies and critical assessment of individual psychological trends. Teaching the ability to build and specify one's own view on psychological trends. Arousing cognitive curiosity about the future of psychological discoveries.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.	Has structured and in-depth knowledge of the specialization of psychology, including terminology, theory and methodology	[SW4] test/exam - oral or written
	[PSYCHJ5_W02] He/she has an in-depth and expanded knowledge of the sources and the place of psychology in the system of sciences and its subject and methodological connections with other disciplines.	Has in-depth and extended knowledge of the sources and place of psychology in the system of sciences and its subject and methodological connections with other scientific disciplines.	[SW1] oral statement/conversation/discussion
	[PSYCHJ5_K02] He/she is ready to take on professional and personal challenges; he/she is active, takes the trouble and is persistent in undertaking individual and team professional activities in the field of psychology; he/she is committed to cooperation.	Is ready to take on professional and personal challenges; demonstrates activity, makes effort and is persistent in undertaking individual and team professional activities in the field of psychology; engages in cooperation	[SK1] oral statement/conversation/discussion
	[PSYCHJ5_U02] He/she is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyse complex psychological, educational, aid or therapeutic problems, as well as diagnose and design practical activities.	Is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyze complex psychological problems, including research, educational, assistance and therapeutic ones, as well as diagnosing and designing practical activities	[SU1] oral statement/conversation/discussion
	[PSYCHJ5_U08] He/she is able to efficiently use selected theoretical approaches to analyse the undertaken practical activities.	Is able to efficiently use selected theoretical approaches prevailing in psychology over the decades in order to analyze practical activities undertaken	[SU1] oral statement/conversation/discussion [SU4] test/exam - oral or written
	[PSYCHJ5_W03] He/she has an in-depth and structured knowledge of contemporary trends in the development of psychology, its currents, and systems, understands their historical and cultural conditions.	Has in-depth and structured knowledge of contemporary trends in the development of psychology, its trends and systems, understands their historical and cultural conditions	[SW4] test/exam - oral or written
	[PSYCHJ5_W01] He/she knows the terminology used in psychology and its application in related disciplines at the advanced level.	Knows the terminology used in the history of psychology and contemporary psychology and its application in related disciplines at an advanced level	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion
	[PSYCHJ5_U05] He/she has in-depth skills to present his/her own ideas, doubts, and suggestions, to support them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, while being guided by ethical principles.	Has in-depth skills in presenting own ideas, doubts and suggestions, supporting them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, guided by ethical principles	[SU1] oral statement/conversation/discussion
	[PSYCHJ5_W11] He/she has organized knowledge of ethical principles and norms and professional ethics; he/she knows the legal, organizational, and ethical conditions of the performed professional activity.	Has structured knowledge of ethical principles and standards as well as professional ethics; knows the legal, organizational and ethical conditions of professional activity	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion
	[PSYCHJ5_K01] He/she has deeper awareness of the level of his/her knowledge and skills, he/she understands the need for continuous personal and professional development.	Has in-depth and extended knowledge of the sources and place of psychology in the system of sciences and its subject and methodological connections with other scientific disciplines.	[SK1] oral statement/conversation/discussion [SK4] test/exam - oral or written
Subject contents	Content of the lectures: 1/ History of psychological thought, past and present 2/ The concept of the soul in the history of philosophical and psychological thought 3/ Psychophysical problem throughout history 4/ Human consciousness and unconsciousness 5/ Introspection or objectivity? methods of human cognition6/ Evolution of psychological research7/ Wundt's psychology8/ Psychology at the turn of the 20th century9/ Behaviorism and neobehaviorism10/ Psychoanalysis11/ Psychoanalytic movement and neopschoanalysis12/ Humanistic versus biological vision of man13/ Cognitive psychology14/ History of Polish psychology15/ Contemporary theories of consciousness		
Prerequisites and co-requisites			

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	90.0%
		51.0%	10.0%
Recommended reading	Basic literature	Dobroczyński, B. i Rzepa, T. (2022). Historia polskiej myśli psychologicznej. PWN. Schultz, D.P., Schultz, S.E. (2008). Historia współczesnej psychologii. Kraków: WUJ. Stachowski, R. (2010). Historia myśli psychologicznej. Warszawa: Scholar.	
	Supplementary literature	Prace klasyków filozofii i psychologii, publikacje Platona, Arystotelesa, B. Dobroczyńskiego, R. Stachowskiego, L. T. Benjaminahttp://psychclassics.yorku.ca/index.htm	
	eResources addresses		
Example issues/ example questions/ tasks being completed	The origins of psychology as a scienceHumanistic vs. biological concepts of humanResearch methods in psychologyVerification of knowledge in psychology (research process and its components)The application value of psychology		
Work placement	Not applicable		

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