

## Subject card

|                                             |                                                                                                                                                         |                                                          |                                         |                                     |                                                |            |     |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------|-------------------------------------|------------------------------------------------|------------|-----|
| Subject name and code                       | Introduction to adult clinical psychology, PG_00148257                                                                                                  |                                                          |                                         |                                     |                                                |            |     |
| Field of study                              | Psychology                                                                                                                                              |                                                          |                                         |                                     |                                                |            |     |
| Date of commencement of studies             | October 2025                                                                                                                                            |                                                          | Academic year of realisation of subject |                                     | 2026/2027                                      |            |     |
| Education level                             | uniform Master's studies                                                                                                                                |                                                          | Subject group                           |                                     | Obligatory subject group in the field of study |            |     |
| Mode of study                               | full-time studies                                                                                                                                       |                                                          | Mode of delivery                        |                                     | at the university                              |            |     |
| Year of study                               | 2                                                                                                                                                       |                                                          | Language of instruction                 |                                     | Polish                                         |            |     |
| Semester of study                           | 4                                                                                                                                                       |                                                          | ECTS credits                            |                                     | 2.0                                            |            |     |
| Learning profile                            | academic                                                                                                                                                |                                                          | Assessment form                         |                                     | credit                                         |            |     |
| Conducting unit                             | Division of Clinical and Health Psychology -> Institute of Psychology -> Faculty of Social Sciences -> Rector                                           |                                                          |                                         |                                     |                                                |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                      |                                                          | dr hab. Łucja Bieleninik                |                                     |                                                |            |     |
|                                             | Teachers                                                                                                                                                |                                                          |                                         |                                     |                                                |            |     |
| Lesson types                                | Lesson type                                                                                                                                             | Lecture                                                  | Tutorial                                | Laboratory                          | Project                                        | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                   | 15.0                                                     | 0.0                                     | 0.0                                 | 0.0                                            | 0.0        | 15  |
|                                             | E-learning hours included: 0.0                                                                                                                          |                                                          |                                         |                                     |                                                |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                       | Participation in didactic classes included in study plan |                                         | Participation in consultation hours |                                                | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                   | 15                                                       |                                         | 10.0                                |                                                | 30.0       | 55  |
| Subject objectives                          | Presentation of basic knowledge in the field of clinical psychology, specifying the direction of its application in practical psychological activities. |                                                          |                                         |                                     |                                                |            |     |

| Learning outcomes | Course outcome                                                                                                                                                                                                                                                                                                                                                                                         | Subject outcome | Method of verification                                                   |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------------------------------------------------------------|
|                   | [PSYCHJ5_W01] He/she knows the terminology used in psychology and its application in related disciplines at the advanced level.                                                                                                                                                                                                                                                                        | nie dotyczy     | [SW4] test/exam - oral or written<br>[SW3] text preparation/written work |
|                   | [PSYCHJ5_U04] He/she is able to clearly, coherently and precisely express himself/herself orally and in writing in Polish and in a foreign language, he/she has the ability to construct extensive oral and written justifications on topics related to various psychological issues using various theoretical approaches, using the achievements of both psychology and other scientific disciplines. | nie dotyczy     | [SU4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_W03] He/she has an in-depth and structured knowledge of contemporary trends in the development of psychology, its currents, and systems, understands their historical and cultural conditions.                                                                                                                                                                                                | nie dotyczy     | [SW4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_K07] He/she is sensitive to social and psychological problems, he/she is ready to communicate and cooperate with the environment, including people who are not specialists in a given field, and to actively participate in groups and organizations implementing psychological activities.                                                                                                   | nie dotyczy     | [SK4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_U07] He/she has in-depth skills of observing, diagnosing, rationally assessing complex psychological situations and analysing motives and patterns of human behaviour.                                                                                                                                                                                                                        | nie dotyczy     | [SU4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_W02] He/she has an in-depth and expanded knowledge of the sources and the place of psychology in the system of sciences and its subject and methodological connections with other disciplines.                                                                                                                                                                                                | nie dotyczy     | [SW4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_W06] He/she has in-depth knowledge of human development in the life cycle, in biological, psychological and social aspects.                                                                                                                                                                                                                                                                   | nie dotyczy     | [SW4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_K05] He/she is convinced of the necessity and importance of behaving in a professional manner and adheres to the principles of professional ethics; he/she sees and formulates moral problems and ethical dilemmas related to his/her own and someone else's work; he/she seeks optimal solutions and the possibility of correcting incorrect psychological actions.                          | nie dotyczy     | [SK4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_K03] He/she appreciates the importance of psychological sciences for the development of an individual and proper social ties, he/she has a positive attitude to acquiring knowledge in the field of the studied scientific discipline and building a psychologist's workshop.                                                                                                                 | nie dotyczy     | [SK4] test/exam - oral or written                                        |
|                   | [PSYCHJ5_U08] He/she is able to efficiently use selected theoretical approaches to analyse the undertaken practical activities.                                                                                                                                                                                                                                                                        | nie dotyczy     | [SU4] test/exam - oral or written                                        |

|                                 | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                     | Subject outcome   | Method of verification              |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------------|
|                                 | [PSYCHJ5_W08] He/she has in-depth and expanded knowledge of the psychological foundations of human functioning.                                                                                                                                                                                                                                                                                                                                    | nie dotyczy       | [SW4] test/exam - oral or written   |
|                                 | [PSYCHJ5_W10] Has an in-depth and expanded knowledge of the biological, pedagogical, social and philosophical bases of human mental functioning; understands the nature of functionality and dysfunctionality, harmony and disharmony, norm and pathology.                                                                                                                                                                                         | nie dotyczy       | [SW3] text preparation/written work |
|                                 | [PSYCHJ5_K01] He/she has deeper awareness of the level of his/her knowledge and skills, he/she understands the need for continuous personal and professional development.                                                                                                                                                                                                                                                                          | nie dotyczy       | [SK4] test/exam - oral or written   |
|                                 | [PSYCHJ5_K02] He/she is ready to take on professional and personal challenges; he/she is active, takes the trouble and is persistent in undertaking individual and team professional activities in the field of psychology; he/she is committed to cooperation.                                                                                                                                                                                    | nie dotyczy       | [SK4] test/exam - oral or written   |
|                                 | [PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.                                                                                                                                                                                                                                                                                                         | nie dotyczy       | [SW4] test/exam - oral or written   |
|                                 | [PSYCHJ5_W07] He/she has in-depth knowledge of the specificity of social relations, social phenomena and the regularities that govern them from the point of view of psychology.                                                                                                                                                                                                                                                                   | nie dotyczy       | [SW4] test/exam - oral or written   |
|                                 | [PSYCHJ5_U02] He/she is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyse complex psychological, educational, aid or therapeutic problems, as well as diagnose and design practical activities.                                                                                                                                                                               | nie dotyczy       | [SU4] test/exam - oral or written   |
|                                 | [PSYCHJ5_U06] He/she has developed research skills: he/she distinguishes between orientations in the methodology of psychological research, formulates research problems, selects adequate research methods, statistical methods and research tools, constructs research tools; develops, presents and interprets research results, draws conclusions, indicates directions for further research within the selected specialization of psychology. | nie dotyczy       | [SU4] test/exam - oral or written   |
|                                 | [PSYCHJ5_U05] He/she has in-depth skills to present his/her own ideas, doubts, and suggestions, to support them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, while being guided by ethical principles.                                                                                                                                                                              | nie dotyczy       | [SU4] test/exam - oral or written   |
| Subject contents                | nie dotyczy                                                                                                                                                                                                                                                                                                                                                                                                                                        |                   |                                     |
| Prerequisites and co-requisites |                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                   |                                     |
| Assessment methods and criteria | Subject passing criteria                                                                                                                                                                                                                                                                                                                                                                                                                           | Passing threshold | Percentage of the final grade       |
|                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 51.0%             | 100.0%                              |
| Recommended reading             | Basic literature                                                                                                                                                                                                                                                                                                                                                                                                                                   | nie dotyczy       |                                     |
|                                 | Supplementary literature                                                                                                                                                                                                                                                                                                                                                                                                                           | nie dotyczy       |                                     |

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|                                                                | eResources addresses |  |
| Example issues/<br>example questions/<br>tasks being completed | nie dotyczy          |  |
| Work placement                                                 | Not applicable       |  |

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