

Subject card

Subject name and code	Propaedeutics of Team Sports Games - Basketball, PG_00156153						
Field of study	Sport Management						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2027/2028		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	5		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Physical Education and Sports Centre -> Vice-Rector for Student Affairs -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Tomasz Aftański				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives	The aim of the course is to familiarise students with issues related to Team Sports Games focused on basketball and its variant, i.e. 3x3 basketball. The theoretical foundations of the discipline will be discussed along with the historical background and social conditions which can be used in various areas of operation of sports clubs, sports academies and other sports-related business activities. Practical exercises aim to familiarise students with the technical elements of basketball and its 3x3 variation, thus increasing their self-awareness in the area of physical culture and taking care of a balanced psycho-physical development.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[ZSSML3_K02] The student is aware of the need to supplement and expand the acquired knowledge and skills and strives to combine knowledge from different fields and disciplines of science interdisciplinarily.	Student is aware of how to promote the social and cultural importance of sport and physical activity.	[SK6] demonstration of practical skills
	[ZSSML3_U07] The student is able to find the necessary information to make rational decisions of an operational and strategic in enterprises operating in the sports market and in other sports entities.	Student is able to plan and organise sports events.	[SU2] presentation/project/paper/report
	[ZSSML3_K06] The student is ready to work in, co-create or manage a group. The student is able to think and act in an entrepreneurial manner.	Student cooperates in a team using the ethics of 'fair play'.	[SK8] observation of student's independent or team work
	[ZSSML3_K07] The student is aware of the need to adapt his behavior and conduct to their role in the team.	Student has a sense of responsibility for their own and others' health and safety.	[SK8] observation of student's independent or team work
	[ZSSML3_U10] The student can prepare written works and multimedia presentations on specific issues in the field of management and quality studies, present them and lead discussions in Polish and foreign languages.	Student is able to use knowledge to demonstrate the technique of performing a movement task in a given team sports game.	[SU2] presentation/project/paper/report
	[ZSSML3_W14] The student has a structured, detailed knowledge of the operation of companies and other entities in the sports market.	Student has basic knowledge of the selected team sport game and its variations.	[SW2] presentation/project/paper/report
Subject contents	1. Basketball historical background and cultural background.2. Basketball rules.3. Organisational structure of organised basketball games.4. Variation of basketball: basketball 3x3. 5. The fundamentals of individual training in basketball. 6. Basics of team training in basketball.7. Basics of training planning in basketball.8. Basic principles of refereeing - pedagogy.9. Observation of sports competitions in basketball.10. Organisation of sports competitions in basketball.		
Prerequisites and co-requisites	None		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	paper / presentation	51.0%	50.0%
	written test	51.0%	50.0%
Recommended reading	Basic literature	1. Huciński Tadeusz: Szkolenie dzieci i młodzieży w koszykówce: teoria i praktyka. Centralny Ośrodek Sportu 2008 2. Huciński Tadeusz: Koszykówka podręcznik dla trenerów, nauczycieli i studentów . Wydawnictwo BK 2008	
	Supplementary literature	None	
	eResources addresses		
	Example issues/ example questions/ tasks being completed		
Work placement	Not applicable		

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