

Subject card

Subject name and code	Sports for People with Disabilities, PG_00156167						
Field of study	Sport Management						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2027/2028		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	6		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Physical Education and Sports Centre -> Vice-Rector for Student Affairs -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Tomasz Aftański				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives	The aim of the course is for the student to gain knowledge of the possibilities and conditions of participation of people with disabilities in widely understood sport and to create awareness of the need to increase accessibility to general and competitive sport for people with special needs. The specifics of the selection of measures, forms, training methods in various sports taking into account the different starting groups will be discussed. Practical exercises aim to understand specific needs and individual adaptations in sport for people with disabilities and to learn how to conduct sports activities with people with disabilities.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[ZSSML3_K06] The student is ready to work in, co-create or manage a group. The student is able to think and act in an entrepreneurial manner.	Student cooperates in a team using the ethics of 'fair play'.	[SK8] observation of student's independent or team work
	[ZSSML3_W14] The student has a structured, detailed knowledge of the operation of companies and other entities in the sports market.	Student has a basic knowledge of various forms of sport for people with disabilities.	[SW2] presentation/project/paper/report
	[ZSSML3_U07] The student is able to find the necessary information to make rational decisions of an operational and strategic in enterprises operating in the sports market and in other sports entities.	Student is able to plan and organise sports events.	[SU2] presentation/project/paper/report
	[ZSSML3_K07] The student is aware of the need to adapt his behavior and conduct to their role in the team.	Student has a sense of responsibility for their own and others' health and safety.	[SK8] observation of student's independent or team work
	[ZSSML3_U10] The student can prepare written works and multimedia presentations on specific issues in the field of management and quality studies, present them and lead discussions in Polish and foreign languages.	Student able to apply knowledge of sport through appropriate selection of sports and sports training for people with various dysfunctions.	[SU2] presentation/project/paper/report
	[ZSSML3_K02] The student is aware of the need to supplement and expand the acquired knowledge and skills and strives to combine knowledge from different fields and disciplines of science interdisciplinarily.	Student has an awareness of how to promote the social and cultural importance of sport and physical activity.	[SK6] demonstration of practical skills
Subject contents	1. Introduction to issues concerning sport for people with disabilities. History and organisational structure of sport for people with disabilities in Poland and worldwide. Specificity of conducting sports activities with disabled people and medical classification and division into groups and starting classes occurring in sport for people with disabilities. Savoir vivre of persons with disabilities.3 The role of sport in the physical and mental rehabilitation of people with special needs and any accessibility issues.4. organisation of sports training and sports competitions for people with disabilities. Cyclical sports events for people with disabilities in Poland and around the world.5. Sports disciplines and the possibility for people with disabilities to participate in them depending on the type of disability. Sports equipment used in particular sports disciplines and specificity of trainings.6. elements of technique and tactics of sports training of visually impaired people on the example of goalball, Nordic walking7. elements of technique and tactics of sports training of people with locomotory system dysfunctions on the example of bocci , table tennis, sitting volleyball.8. specificity of sports training with people with intellectual disabilities on the example of athletics, badminton, etc.9. organisation of mini sports tournaments for people with disabilities.		
Prerequisites and co-requisites	None		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	paper / presentation	51.0%	50.0%
	written test	51.0%	50.0%
Recommended reading	Basic literature	1. Kosmol A.: Teoria i praktyka sportu osób niepełnosprawnych. AWF Warszawa 2010. 2. Kosmol A., Molik B., Morgulec- Adamowicz M.: Sport niepełnosprawnych dla fizjoterapeutów i terapeutów	
	Supplementary literature	1. Kowalik S.: Kultura fizyczna osób z niepełnosprawnością. Dostosowana aktywność ruchowa GWP Gdańsk 2009	
	eResources addresses		
	Example issues/ example questions/ tasks being completed		
Work placement	Not applicable		

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