

Subject card

Subject name and code	Learning Strategies, PG_00137641						
Field of study	English Studies						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		English		
Semester of study	1		ECTS credits		1.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of Corpus Linguistics and Glottodidactics -> Institute of English and American Studies -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Magdalena Wawrzyniak-Śliwska				
	Teachers		dr Magdalena Wawrzyniak-Śliwska				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	15.0	0.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		1.0		9.0	25
Subject objectives	The aim of the course is to familiarise students with basic individual differences, learning styles and strategies (including learning a foreign language), to assist students in choosing working techniques and strategies appropriate to their individual needs during their studies.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[FAL3_W13] Knows and understands selected basic issues, concepts and terminology of the humanities and social sciences which are related to English Studies and support the professional development of an English philologist.	Knows and understands selected basic issues, concepts and terminology of the social sciences - psychology and pedagogy - which are auxiliary and related sciences of English philology related to learning strategies.	[SW4] test/exam - oral or written
	[FAL3_U12] Independently plans and implements lifelong self-education, in particular in the field of the English language, linguistics and English-language literatures.	Can independently plan and implement lifelong self-education, using appropriate learning strategies depending on own aptitude and the type of task and its objectives.	[SU4] test/exam - oral or written
	[FAL3_K02] Is prepared to recognise the importance of knowledge and skills in English-language linguistics and literature, auxiliary and related academic disciplines, and English in solving cognitive and practical problems, and is prepared to seek expert advice in the event of difficulties in solving these problems.	Is prepared to recognise the importance of knowledge and skills from related sciences, such as psychology and pedagogy, regarding learning styles and strategies in solving cognitive and practical problems, and is prepared to seek expert advice when encountering difficulties in solving these problems independently.	[SK4] test/exam - oral or written
	[FAL3_K07] Is ready to take on responsible professional roles, including the observance and dissemination of ethical principles, in various spheres of activity related to the use of the English language.	Student is ready to respect and disseminate the principles of ethics in different spheres of learning and using learning strategies.	[SK4] test/exam - oral or written
Subject contents	Foreign language knowledge, success and failure in (foreign language) learning. Differences and similarities between learners, their impact on (foreign language) learning. Definitions, taxonomies of learning styles. Strategies for learning (foreign languages) Definitions, taxonomies, practical application and diagnosis of the learner. Learning to learn. Memory. Learning habits. Diagnosing strategies used by students to assist mainly themselves as learners in developing missing skills, working on self-development and implementing student autonomy. Selecting strategies and work techniques useful to students as part of their further academic education. Myths about learning and education.		
Prerequisites and co-requisites	English language skills at B2 level.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Test/exam - oral or written	60.0%	100.0%

Recommended reading	Basic literature	Brown, H. D. (2002). Strategies for Success. White Plains, NY: Longman/Pearson Education. Brown, P., Roediger III, H.L., McDaniel, M.A. (2014). Make it Stick. The Science of Successful Learning. Duhig, Ch. (2012). The Power of Habit. Random House Publishing. Harvard University Press. Holmes, J.D. (2016) Great Myths of Education and Learning. John Wiley & Sons, Inc.
	Supplementary literature	Fry, R. (2016) How to Study. Wayne: The Career Press. Oakley, B. (2014) A Mind for Numbers. Pink, D.H. (2011) Drive. The surprising Truth About What Motivates Us.
	eResources addresses	
Example issues/ example questions/ tasks being completed		
Work placement	Not applicable	

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