

Subject card

Subject name and code	Speech Therapy Massage, PG_00150709						
Field of study	Logopedics						
Date of commencement of studies	October 2025		Academic year of realisation of subject			2028/2029	
Education level	uniform Master's studies		Subject group			Obligatory subject group in the field of study Subject group related to practical vocational preparation	
Mode of study	full-time studies		Mode of delivery			at the university	
Year of study	4		Language of instruction			Polish	
Semester of study	7		ECTS credits			2.0	
Learning profile	practical		Assessment form			credit	
Conducting unit	Institute of Logopaedics -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Katarzyna Kaczorowska-Bray				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	20.0	0.0	0.0	0.0	20
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	20		2.0		28.0	50
Subject objectives	After completing the series of classes, the student should know the indications and contraindications for speech therapy massage, as well as its principles. The purpose of the exercises is for the student to learn the technique of massage of the face and the inside of the mouth, as well as massage of the neck, head and hands of a child and an adult. During the exercises, students will also learn the principles and course of Shantali baby massage, Peter Walker massage and Butterfly Touch massage.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[LOGJ5_U02] Independently plans and implements original and innovative linguistic and speech therapy projects, in accordance with the development trends of linguistics and speech therapy and related to the selected sphere of speech therapy activity.	Based on the analysis of the collected information about the child, he independently selects the type of massage and innovative work techniques used.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU8] observation of student's independent or team work
	[LOGJ5_W06] Has a structured and in-depth knowledge to program speech therapy for children with coupled developmental problems of complex etiology (cognitive deficits, sensory deficits and neurological damage).	He knows the principles and techniques of facial, internal oral, head, neck and hand massage, as well as Shantali massage, and is able to use this type of interactions in speech therapy practice.	[SW2] presentation/project/paper/report [SW5] implementation of a problem task
	[LOGJ5_W03] He knows the principles of speech therapy prevention and stimulation of normal speech and language development, as well as the theoretical basis of intervention activities for individuals and social groups in the scope necessary for the direction of speech therapy. He has knowledge of linguistics and speech therapy that allows him to independently program activities aimed at preventing speech disorders in individuals at risk of developing them.	Has the speech therapy knowledge to independently massage the face and oral cavity to prevent and counteract speech disorders and intake disorders in children and adults. Has the knowledge to independently create a program for the prevention of speech disorders in children at risk of disability.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report
	[LOGJ5_U04] Can independently diagnose speech development disorders, language problems, speech disorders, literacy disorders and intake difficulties, indicate their etiology and program preventive measures and speech therapy according to the disorder, including in the case of complex medical disorders, including neurological disorders.	He is able to independently diagnose speech development disorders and intake difficulties, identify their etiology and create a speech therapy program, taking into account speech therapy massage techniques.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU5] implementation of a problem task [SU6] demonstration of practical skills [SU8] observation of student's independent or team work
	[LOGJ5_U03] He has the ability to interpret, analyze the causes and course of linguistic and communicative processes and phenomena, substantively argue using his own views and those of other authors, formulate conclusions and create synthetic summaries using the appropriate terminology of linguistics, sociolinguistics and ethnolinguistics and medical sciences relevant to speech therapy.	Can independently and comprehensively make a critical analysis of a child's medical and psychological records and use the data collected therein to fully characterize their client.	[SU6] demonstration of practical skills [SU8] observation of student's independent or team work
	[LOGJ5_K04] He is aware of his own limitations and knows when there is a need to turn to experts of fields relevant to speech therapy and committed cooperation with various institutions of health care and supporting educational, cultural and support activities.	He is able to cooperate appropriately with other specialists conducting rehabilitation of the child. Is critical of his own work, knows his limitations and is aware of the need to work in a team of specialists.	[SK1] oral statement/conversation/discussion [SK2] presentation/project/paper/report [SK5] implementation of a problem task
Subject contents	Function of the muscles of the face and neck - muscles of mastication, expression and organs of the head. Types and effects of massage. Principles, indications and contraindications of massage. Techniques of classical massage. Course of speech therapy massage of the face and interior of the oral cavity. Massage of the head and neck. Elements of Shantali massage used as an adjunctive method in speech therapy of a young child with suspected disabilities. Hand massage. The use of Peter Walker's massage in the stimulation of the child's motor development.		
Prerequisites and co-requisites			

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	active attendance in class	75.0%	20.0%
	development of the issue indicated by the instructor	51.0%	40.0%
	Verification of the established learning outcomes - on the basis of the development of the topic indicated by the instructor and oral credit for the content applicable to the exercises.	51.0%	40.0%
Recommended reading	Basic literature	• Kaczara J. (2006): Masaż niemowlęcia, Wydawnictwo Astrum; • Lewandowski G. (2007): Masaż kobiety w ciąży i niemowlęcia, Annał; • Łasiński W. (1993): Anatomia głowy dla stomatologów, PZWL; • Stecko E. (2012): Masaż logopedyczny, Wydawnictwo ES • Tecklin S. J. (1992): Fizjoterapia pediatryczna, Wydawnictwo Lekarskie PZWL; • Walaszek R. (red.) (1999): Masaż z elementami rehabilitacji, Rehmed.	
	Supplementary literature	• Kavanagh W. (2005): Kojący dotyk. Masaż i refleksoterapia dla niemowląt i dzieci, Oficyna Wydawniczo-Poligraficzna Adam; • Schlomer B. (2001): Masaż dziecka. Jak zapewnić prawidłowy rozwój fizyczny, emocjonalny i dobre samopoczucie malucha, Oficyna Wydawnicza aba; • Walker P. (1988): Masaż dziecka. Aby Twoje dziecko było zdrowe i szczęśliwe, Delta; • Walker P. (1995): Zdrowie dziecka. Masaż, Amber. • Ellsworth A., Altman P. (2011): Masaż krok po kroku, Wydawnictwo Aka; • Guzman C. (2008): Masaż dla ciebie i twojego dziecka, Świat Książki; • Hirscher P., Zwartjes T. (2008): Masaż niemowląt, Wydawnictwo RM;	
	eResources addresses		
	Example issues/ example questions/ tasks being completed		
Work placement	Not applicable		

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