

Subject card

Subject name and code	Basics of Voice Hygiene and Emission - lecture, PG_00150646						
Field of study	Logopedics						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	uniform Master's studies		Subject group		Obligatory subject group in the field of study Subject group related to practical vocational preparation		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		1.0		
Learning profile	practical		Assessment form		credit		
Conducting unit	Institute of Logopaedics -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Grzegorz Kołodziej				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	10.0	0.0	0.0	0.0	0.0	10
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	10		1.0		14.0	25
Subject objectives	The student organizes the basic knowledge in the field of humanities, social and medical sciences relevant to the field of speech therapy, oriented to practical application in voice transmission. It expands knowledge about communication competence realized with the conscious use of voice as a communication tool.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[LOGJ5_W09] He knows and understands the principles of linguistic communication of adults using voice in professional work, has in-depth knowledge of the disorders noted in this group, their diagnosis and therapy.	Has basic knowledge of disorders and functions of the human body from the point of view of speech therapy in the context of voice work	[SW3] text preparation/written work
	[LOGJ5_U05] Can independently program measures to prevent speech and language and voice disorders for people at risk of developing them.	Can independently diagnose speech disorders, indicate their etiology and program preventive actions and speech therapy according to the given disorder	[SU1] oral statement/conversation/discussion [SU3] text preparation/written work
	[LOGJ5_W01] Has a structured, in-depth and extended knowledge and knows at an extended level the terminology of linguistics and speech therapy (including selected terminology in a foreign modern language).	Has structured, in-depth and extended knowledge and has an extended knowledge of voice-making terminology	[SW3] text preparation/written work
	[LOGJ5_W03] He knows the principles of speech therapy prevention and stimulation of normal speech and language development, as well as the theoretical basis of intervention activities for individuals and social groups in the scope necessary for the direction of speech therapy. He has knowledge of linguistics and speech therapy that allows him to independently program activities aimed at preventing speech disorders in individuals at risk of developing them.	Can use voice as a communication tool, can apply prevention at work with voice	[SW1] oral statement/conversation/discussion [SW3] text preparation/written work
	[LOGJ5_U04] Can independently diagnose speech development disorders, language problems, speech disorders, literacy disorders and intake difficulties, indicate their etiology and program preventive measures and speech therapy according to the disorder, including in the case of complex medical disorders, including neurological disorders.	Based on the literature, he can plan the course of therapy and can choose the appropriate teaching aids	[SU1] oral statement/conversation/discussion [SU3] text preparation/written work
	[LOGJ5_U01] Able to distinguish methodological orientations in scientific research, search, analyze, evaluate, select and integrate information in the field of linguistics (including speech therapy) using various sources, selection and application of appropriate methods and tools, including advanced information and communication technologies (ICT) in order to formulate critical judgments on this basis, solve complex problems and carry out tasks in an innovative manner.	Can correctly identify problems of speech therapy diagnosis in the field of voice and take appropriate therapeutic and prophylactic measures with the application of hygiene and voice emission. Can search, analyze, evaluate, select and integrate voice emission information using various sources, select and apply appropriate methods and tools to formulate critical judgments on this basis,	[SU3] text preparation/written work
	[LOGJ5_K01] He is ready to critically evaluate his linguistic (including speech therapy) knowledge and modify and supplement it, as well as improve his professional skills; he is ready to formulate moral problems and ethical dilemmas related to his own and others' therapeutic work.	Understands the need to broaden knowledge and improve professional skills in the field of voice emission, is ready to critically assess the knowledge and modify and supplement it and improve professional skills, is prepared to responsibly perform the professional roles of teacher and school speech therapist, including compliance with the principles of professional ethics and the requirements thereof from others, and care for a healthy voice and correct emission	[SK3] text preparation/written work
Subject contents	The problem of teaching: The mechanism of creating voice and speech. Executive factors affecting the correct emission of the voice breathing, phonication, articulation. Voice prevention. Description of larynx diseases most commonly occurring in people working with voice.		
Prerequisites and co-requisites			

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	participation in classes	51.0%	70.0%
	written work	51.0%	30.0%
Recommended reading	Basic literature	Gałkowski T., Jastrzębowska G. (red.), Logopedia. Pytania i odpowiedzi, Opole 2003;Toczyska B., Głośno i wyraźnie, Gdańsk 2007;Walencik-Topiłko A., Głos jako narzędzie, Gdańsk 2007;Tarasiewicz, Mówię i śpiewam świadomie, Universitas, Kraków 2003;Binkuńska E., Higiena i emisja głosu mówionego, Bydgoszcz 2012.	
	Supplementary literature	Łastik, Poznaj swój głoswoje najważniejsze narzędzie pracy, Wydawnictwo Studio Emka, Warszawa 2002.M. Oczkoś, Abecadło mówienia, Oficyna Wydawnicza UNUS, 1999;Z. Pawłowski, Foniatryczna diagnostyka wykonawstwa śpiewu i gry na instrumentach, Glottispol, Gdańsk 2002;Toczyska, Elementarne ćwiczenia dykcji, Centrum Edukacji Teatralnej, Gdańsk 1994.Andrzej Siedlecki: PRACA GŁOSEM Technika mowy i prezentacji, Wyd. FOSZE, 2018	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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