

Subject card

Subject name and code	Speech Therapy Massage, PG_00151047						
Field of study	Logopedics						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study Subject group related to practical vocational preparation		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		2.0		
Learning profile	practical		Assessment form		credit		
Conducting unit	Institute of Logopaedics -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Katarzyna Kaczorowska-Bray				
	Teachers		dr hab. Katarzyna Kaczorowska-Bray				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	20.0	0.0	0.0	0.0	20
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	20		2.0		28.0	50
Subject objectives	After completing the series of classes, the student should know the indications and contraindications for speech therapy massage, as well as its principles. The purpose of the exercises is for the student to learn the technique of massage of the face and the inside of the mouth, as well as massage of the neck, head and hands of a child and an adult. During the exercises, students will also learn the principles and course of Shantali baby massage, Peter Walker massage and Butterfly Touch massage.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[LOGMU2_K04] He is aware of his own limitations and knows when there is a need to turn to experts in fields relevant to speech therapy.	He is critical of his own work, knows his limitations and is aware of the need to work in a team of specialists	[SK1] oral statement/conversation/discussion [SK6] demonstration of practical skills
	[LOGMU2_W03] He has the linguistic and speech therapy knowledge to independently program measures to prevent speech disorders for people at risk of developing them.	Has the speech therapy knowledge to independently massage the face and oral cavity to prevent and counteract speech disorders and intake disorders in children and adults. He has the knowledge to independently create a program for the prevention of speech disorders in children at risk of disability.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report
	[LOGMU2_W06] Has a structured and in-depth knowledge to program speech therapy for children with coupled developmental problems of complex etiology.	He knows the principles and techniques of facial, internal oral, head, neck and hand massage, as well as Shantali massage, and is able to use this type of interactions in speech therapy practice. He has the knowledge to select the type of massage for the disorder diagnosed in the child.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report [SW5] implementation of a problem task
	[LOGMU2_U04] Can independently diagnose speech development disorders, language problems, speech disorders and intake difficulties, identify their etiology and program speech therapy according to the disorder, including in the case of complex medical disorders, including neurological disorders.	Able to independently diagnose speech development disorders and intake difficulties, identify their etiology and create a speech therapy program, including speech therapy massage techniques	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU6] demonstration of practical skills
	[LOGMU2_U03] He has the ability to interpret, analyze the causes and course of linguistic and communicative processes and phenomena, substantively argue using his own views and those of other authors, formulate conclusions and create synthetic summaries using appropriate terminology.	Can independently and comprehensively perform a critical analysis of a child's medical and psychological records and use the data collected therein to fully characterize his or her client	[SU2] presentation/project/paper/report [SU5] implementation of a problem task [SU6] demonstration of practical skills
	[LOGMU2_U02] Independently plans and implements original and innovative linguistic projects, in line with the development trends of linguistics and speech therapy and related to the selected sphere of speech therapy activity.	On the basis of the analysis of the collected information about the child, independently selects the type of massage and innovative work techniques used	[SU2] presentation/project/paper/report [SU5] implementation of a problem task [SU6] demonstration of practical skills
Subject contents	Function of the muscles of the face and neck - muscles of mastication, expression and organs of the head. Types and effects of massage. Principles, indications and contraindications of massage. Techniques of classical massage. Course of speech therapy massage of the face and interior of the oral cavity. Massage of the head and neck. Elements of Shantali massage used as an adjunctive method in speech therapy of a young child with suspected disabilities. Hand massage. The use of Peter Walker's massage in the stimulation of the child's motor development. Facial massage integrating reflexes of the orofacial sphere. Application of Butterfly Touch massage in speech therapy practice.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	verification of the assumed learning outcomes - on the basis of the development of the topic indicated by the instructor and oral credit for the content of the exercises	51.0%	40.0%
	preparation of the discussion of the issue indicated by the instructor	51.0%	40.0%
	active attendance	75.0%	20.0%

Recommended reading	Basic literature	Kaczara J. (2006): Masaż niemowlęcia, Wydawnictwo Astrum; Lewandowski G. (2007): Masaż kobiety w ciąży i niemowlęcia, Anna; Łasiński W. (1993): Anatomia głowy dla stomatologów, PZWL; Stecko E. (2012): Masaż logopedyczny, Wydawnictwo ES Tecklin S. J. (1992): Fizjoterapia pediatryczna, Wydawnictwo Lekarskie PZWL; Walaszek R. (red.) (1999): Masaż z elementami rehabilitacji, Rehmed.
	Supplementary literature	Kavanagh W. (2005): Kojący dotyk. Masaż i refleksoterapia dla niemowląt i dzieci, Oficyna Wydawniczo-Poligraficzna Adam; Schlomer B. (2001): Masaż dziecka. Jak zapewnić prawidłowy rozwój fizyczny, emocjonalny i dobre samopoczucie malucha, Oficyna Wydawnicza aba; Walker P. (1988): Masaż dziecka. Aby Twoje dziecko było zdrowe i szczęśliwe, Delta; Walker P. (1995): Zdrowie dziecka. Masaż, Amber.
	eResources addresses	
Example issues/ example questions/ tasks being completed	• Characteristics of indications and contraindications for speech therapy massage. • The use of massage in speech therapy. • Performance of speech therapy massage (both facial massage and massage of the inside of the oral cavity).	
Work placement	Not applicable	

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