

Subject card

Subject name and code	Speech Therapy Massage, PG_00151595						
Field of study	Logopedics						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study Subject group related to practical vocational preparation		
Mode of study	part-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		2.0		
Learning profile	practical		Assessment form		credit		
Conducting unit	Institute of Logopaedics -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Ilona Brzozowska-Misiewicz				
	Teachers		mgr Ilona Brzozowska-Misiewicz				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	15.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		2.0		8.0	25
Subject objectives	After completing the series of classes, the student should know the indications and contraindications for speech therapy massage, as well as its principles. The purpose of the exercises is for the student to learn the technique of massage of the face and the inside of the mouth, as well as massage of the neck, head and hands of a child and an adult. During the exercises, students will also learn the principles and process of Shantali massage and Butterfly Touch.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[LOGMU2_W03] He has the linguistic and speech therapy knowledge to independently program measures to prevent speech disorders for people at risk of developing them.	Based on the analysis of the collected information about the child, independently selects the type of massage and the working techniques used.	[SW1] oral statement/ conversation/discussion [SW2] presentation/project/paper/ report
	[LOGMU2_W06] Has a structured and in-depth knowledge to program speech therapy for children with coupled developmental problems of complex etiology.	Is familiar with the principles and techniques of face, mouth, head, neck and hand massage and Shantali massage and is able to use this type of intervention in speech therapy practice. Has the knowledge to select the type of massage for the disorder diagnosed in the child.	[SW1] oral statement/ conversation/discussion [SW2] presentation/project/paper/ report [SW5] implementation of a problem task
	[LOGMU2_U03] He has the ability to interpret, analyze the causes and course of linguistic and communicative processes and phenomena, substantively argue using his own views and those of other authors, formulate conclusions and create synthetic summaries using appropriate terminology.	Can independently and comprehensively critically analyse a child's medical and psychological records and use the data gathered therein to fully characterise their client.	[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report [SU6] demonstration of practical skills
	[LOGMU2_U04] Can independently diagnose speech development disorders, language problems, speech disorders and intake difficulties, identify their etiology and program speech therapy according to the disorder, including in the case of complex medical disorders, including neurological disorders.	Can independently evaluate and modify the methods used and select those which are useful in the context of the disorders diagnosed in the child.	[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report [SU6] demonstration of practical skills
	[LOGMU2_U02] Independently plans and implements original and innovative linguistic projects, in line with the development trends of linguistics and speech therapy and related to the selected sphere of speech therapy activity.	Based on an analysis of the information collected about the child, he or she independently selects the type of massage and the working techniques used.	[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report
Assessment methods and criteria	[LOGMU2_K04] He is aware of his own limitations and knows when there is a need to turn to experts in fields relevant to speech therapy.	Is able to cooperate appropriately with other professionals involved in the rehabilitation of the child. Is critical of his/her own work, knows his/her limitations and is aware of the need to work as part of a team of professionals.	[SK1] oral statement/conversation/ discussion [SK2] presentation/project/paper/ report
	Subject contents		
	Muscle function of the face and neck - masticatory, expressive and head organs muscles. Types and effects of massage. Principles, indications and contraindications of massage. Techniques of classical massage. Course of speech therapy massage of the face and inside of the mouth. Head and neck massage. Elements of Shantali massage used as an adjunctive method in speech therapy of a small child with suspected disabilities. Hand massage.		
	Prerequisites and co-requisites		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	active presence	75.0%	20.0%
	preparation of the discussion of the topic indicated by the instructor	51.0%	40.0%
	verification of the assumed learning outcomes - on the basis of the elaboration of the topic indicated by the tutor and an oral pass in the scope of the content valid for the exercises.	51.0%	40.0%

Recommended reading	Basic literature	• Kaczara J. (2006): Masaż niemowlęcia, Wydawnictwo Astrum; • Lewandowski G. (2007): Masaż kobiety w ciąży i niemowlęcia, Annał; • Łasiński W. (1993): Anatomia głowy dla stomatologów, PZWL; • Stecko E. (2012): Masaż logopedyczny, Wydawnictwo ES • Tecklin S. J. (1992): Fizjoterapia pediatryczna, Wydawnictwo Lekarskie PZWL; • Walaszek R. (red.) (1999): Masaż z elementami rehabilitacji, Rehmed.
	Supplementary literature	• Ellsworth A., Altman P. (2011): Masaż krok po kroku, Wydawnictwo Aka; • Guzman C. (2008): Masaż dla ciebie i twojego dziecka, Świat Książki; • Hirscher P., Zwartjes T. (2008): Masaż niemowląt, Wydawnictwo RM;
	eResources addresses	
Example issues/ example questions/ tasks being completed	- Characteristics of indications and contraindications for speech therapy massage. - The use of massage in speech therapy. - Performance of speech therapy massage (both facial massage and internal oral massage).	
Work placement	Not applicable	

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