University of Gdańsk

Subject card

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|---|---|---|---|---|---|---|---|
| Subject name and code | Soft Skills Workshops, PG_00178048 | | | | | | |
| Field of study | Informatics and Econometrics | | | | | | |
| Date of commencement of studies | October 2026 | | Academic year of realisation of subject | 2026/2027 | | | |
| Education level | Bachelor's studies | | Subject group | Obligatory subject group in the field of study<br>Optional subject group | | | |
| Mode of study | full-time studies | | Mode of delivery | at the university | | | |
| Year of study | 1 | | Language of instruction | Polish | | | |
| Semester of study | 1 | | ECTS credits | 2.0 | | | |
| Learning profile | academic | | Assessment form | credit | | | |
| Conducting unit | Department of Business Informatics -> Faculty of Management -> Rector | | | | | | |
| Name and surname of lecturer (lecturers) | Subject supervisor | | dr Dorota Buchnowska, prof. UG | | | | |
| | Teachers | | | | | | |
| Lesson types | Lesson type | Lecture | Tutorial | Laboratory | Project | Seminar | SUM |
| | Number of study hours | 0.0 | 30.0 | 0.0 | 0.0 | 0.0 | 30 |
| | E-learning hours included: 0.0 | | | | | | |
| Learning activity and number of study hours | Learning activity | Participation in didactic classes included in study plan | | Participation in consultation hours | Self-study | SUM | |
| | Number of study hours | 30 | | 2.0 | 18.0 | 50 | |
| Subject objectives | The aim of the course is to develop interpersonal skills and social competencies that are crucial in teamwork and professional relationships. Participants during the workshops will learn effective communication, emotional management, conflict resolution, and group collaboration. The goal is also to increase awareness of one's own reactions in stressful situations and to develop adaptive abilities, which contribute to improved effectiveness in both professional and personal relationships. The workshops aim to prepare participants to handle challenges in the workplace, where soft skills play a key role in building relationships, collaboration, and achieving goals. | | | | | | |

## Learning outcomes

| Course outcome | Subject outcome | Method of verification |
|---|---|---|
| [IiEL3_K02] Is ready to perform professional roles responsibly, observe professional ethics and require this of others, and care for the achievements and traditions of the professions related to econometrics, informatics or statistics | The student is prepared to responsibly perform team roles in a professional environment, adheres to the principles of professional ethics, and is able to communicate effectively, collaborate in a team, resolve conflicts, and adapt to changing working conditions. | [SK1] oral statement/conversation/ discussion<br>[SK8] observation of student's independent or team work |
| [IiEL3_U09] Can effectively plan and execute their learning process while continuously enhancing their econometrics, informatics, and statistics skills throughout their lives | The student is able to consciously plan and take action for his/her own interpersonal and professional development, recognizes his/her strengths and weaknesses in communication and cooperation, and is ready to continuously improve soft skills necessary in teamwork and professional relationships. | [SU2] presentation/project/paper/ report |
| [IiEL3_U11] Can engage and collaborate in teams, assuming different roles | The student works effectively in a team, assuming and implementing various team roles, actively supports group communication, reacts constructively to conflicts and demonstrates an attitude of openness and responsibility in teamwork. | [SU1] oral statement/conversation/ discussion<br>[SU2] presentation/project/paper/ report |

## Subject contents

Interpersonal communication, emotional and stress management, conflict resolution, teamwork, time management and work organization, motivation and engagement, public speaking.

## Prerequisites and co-requisites

Motivation for personal and social skill development, willingness to actively participate, openness to feedback.

## Assessment methods and criteria

| Subject passing criteria | Passing threshold | Percentage of the final grade |
|---|---|---|
| Practical tasks (scenarios, simulations) | 51.0% | 20.0% |
| Individual work | 51.0% | 30.0% |
| Class participation (contribution to discussions) | 51.0% | 20.0% |
| Group presentation, assessment of teamwork | 51.0% | 30.0% |

## Recommended reading

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|---|---|
| Basic literature | Thinking, Fast and Slow Daniel Kahneman<br><br>Lateral Thinking Edward de Bono |
| Supplementary literature | The Five Dysfunctions of a Team Patrick Lencioni<br><br>Dare to Lead Brené Brown<br><br>How to Win Friends and Influence People Dale Carnegie |
| eResources addresses | |

## Example issues/ example questions/ tasks being completed

## Work placement

Not applicable

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