

Subject card

Subject name and code	Soft Skills Workshops, PG_00178048						
Field of study	Informatics and Econometrics						
Date of commencement of studies	October 2026	Academic year of realisation of subject				2026/2027	
Education level	Bachelor's studies	Subject group				Obligatory subject group in the field of study Optional subject group	
Mode of study	full-time studies	Mode of delivery				at the university	
Year of study	1	Language of instruction				Polish	
Semester of study	1	ECTS credits				2.0	
Learning profile	academic	Assessment form				credit	
Conducting unit	Department of Business Informatics -> Faculty of Management -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Dorota Buchnowska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		18.0	50
Subject objectives	The aim of the course is to develop interpersonal skills and social competencies that are crucial in teamwork and professional relationships. Participants during the workshops will learn effective communication, emotional management, conflict resolution, and group collaboration. The goal is also to increase awareness of one's own reactions in stressful situations and to develop adaptive abilities, which contribute to improved effectiveness in both professional and personal relationships. The workshops aim to prepare participants to handle challenges in the workplace, where soft skills play a key role in building relationships, collaboration, and achieving goals.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[[iIEL3_U09] The student can effectively plan and execute their learning process while continuously enhancing their econometrics, informatics, and statistics skills throughout their lives.	The student is able to consciously plan and take action for his/her own interpersonal and professional development, recognizes his/her strengths and weaknesses in communication and cooperation, and is ready to continuously improve soft skills necessary in teamwork and professional relationships.	[SU2] presentation/project/paper/report
	[[iIEL3_K02] The student is ready to perform professional roles responsibly, observe professional ethics and require this of others, and care for the achievements and traditions of the professions related to econometrics, informatics or statistics.	The student demonstrates readiness to responsibly perform team roles in a professional environment, respects the principles of professional ethics, and is able to communicate effectively, cooperate in a group, resolve conflicts and adapt to changing working conditions.	[SK1] oral statement/conversation/discussion [SK8] observation of student's independent or team work
	[[iIEL3_U11] The student can engage and collaborate in teams, assuming different roles.	The student works effectively in a team, assuming and implementing various team roles, actively supports group communication, reacts constructively to conflicts and demonstrates an attitude of openness and responsibility in teamwork.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report
Subject contents	Interpersonal communication, emotional and stress management, conflict resolution, teamwork, time management and work organization, motivation and engagement, public speaking.		
Prerequisites and co-requisites	Motivation for personal and social skill development, willingness to actively participate, openness to feedback.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Individual work	51.0%	30.0%
	Class participation (contribution to discussions)	51.0%	20.0%
	Group presentation, assessment of teamwork	51.0%	30.0%
	Practical tasks (scenarios, simulations)	51.0%	20.0%
Recommended reading	Basic literature	Thinking, Fast and Slow Daniel Kahneman Lateral Thinking Edward de Bono	
	Supplementary literature	The Five Dysfunctions of a Team Patrick Lencioni Dare to Lead Brené Brown How to Win Friends and Influence People Dale Carnegie	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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