University of Gdańsk

Subject card

Subject name and code	Psychological analysis of experiences from school practice, PG_00195639		
Field of study	Pedagogy		
Date of commencement of studies	October 2026	Academic year of realisation of subject	2027/2028
Education level	Bachelor's studies	Subject group	Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	2	Language of instruction	Polish
Semester of study	3	ECTS credits	1.0
Learning profile	academic	Assessment form	credit
Conducting unit			
Name and surname of lecturer (lecturers)	Subject supervisor	dr hab. Małgorzata Obrycka	
	Teachers		

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	0.0	10.0	0.0	0.0	0.0	10

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	10	0.0	15.0	25

Subject objectives

Developing reflective and analytical competencies in future teachers based on their actual experiences during professional practice in educational institutions. This subject primarily serves two key, complementary purposes: 1) developing reflection and professional self-awareness; 2) developing problem-solving skills (case study).

Learning outcomes

Course outcome	Subject outcome	Method of verification
[PEDL3_K08] In terms of social competences, graduates are prepared to appreciate the traditions and achievements of scientific research in the field of pedagogy, as well as to continue and expand them into new areas and research procedures.	B.1.K1. is willing to continually improve their substantive knowledge; B.1.K2. is willing to seek out new resources to enrich the teaching content.	[SK5] implementation of a problem task
[PEDL3_U26] Graduates are able to analyse their own pedagogical, didactic, educational and care activities, identify areas requiring modification, experimentation and implementation of innovative measures.	Graduates are able to plan, based on conscious self-reflection, activities for professional development.	[SU2] presentation/project/paper/ report [SU5] implementation of a problem task

<table>
<tr><td>Subject contents</td><td>The role of reflection and self-awareness in teacher professional development.
The reflective cycle as a tool for analyzing experiences: Kolb, Gibbs, Hessen.
Psychological analysis: a case study from practice: methods and tools.
Analysis of personal strengths and areas for development: communication, organization, classroom management.
Learning styles and teacher teaching styles.
Psychological aspects of teacher authority: sources and development.
Analysis of experiences using the principles of active listening and nonviolent communication (NVC).
Identification of communication barriers in the teacher-student relationship and strategies for eliminating them (using examples from practice).
Psychological aspects of feedback: reinforcing formulation.
Psychological techniques for conflict resolution and peer mediation (analysis of specific events).
Identification of special educational needs.
Developing strategies for coping with stress and building resilience (mental toughness).</td></tr>
<tr><td>Prerequisites and co-requisites</td><td></td></tr>
<tr><td>Assessment methods and criteria</td><td><table><tr><th>Subject passing criteria</th><th>Passing threshold</th><th>Percentage of the final grade</th></tr><tr><td>problem-solving and presence</td><td>51.0%</td><td>100.0%</td></tr></table></td></tr>
<tr><td>Recommended reading</td><td><table><tr><td>Basic literature</td><td>Fontana D., Psychology for Teachers, Red Globe Press 1995.</td></tr><tr><td>Supplementary literature</td><td>Gordon T., Teacher Effectiveness Training: The Program Proven to Help Teachers Bring Out the Best in Students of All Ages, Three Rivers Pr 2003.</td></tr><tr><td>eResources addresses</td><td>Basic
https://katalog-bug.ug.edu.pl/discovery/fulldisplay?docid=alma991005661729708343&context=L&vid=48FAR_UGD:48UGD&lang=pl&search_scope=MyInst_and_CI&adaptor=Local%20Se - Library of the University of Gdańsk
Supplementary
https://katalog-bug.ug.edu.pl/discovery/search?query=any,contains,Studium%20przypadku%20w%20badaniach%20na 48UGD&offset=0 - Library of the University of Gdańsk, Scholar, Research Gate</td></tr></table></td></tr>
<tr><td>Example issues/ example questions/ tasks being completed</td><td>nie dotyczy</td></tr>
<tr><td>Work placement</td><td>Not applicable</td></tr>
</table>

Document generated electronically. Does not require a seal or signature.