University of Gdańsk

Subject card

Subject name and code	Far Eastern Religions. Hinduism - Classes, PG_00200644		
Field of study	Religious Studies		
Date of commencement of studies	October 2026	Academic year of realisation of subject	2026/2027
Education level	Bachelor's studies	Subject group	Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	1	Language of instruction	Polish
Semester of study	1	ECTS credits	1.0
Learning profile	academic	Assessment form	credit
Conducting unit			
Name and surname of lecturer (lecturers)	Subject supervisor	dr hab. Małgorzata Sacha	
	Teachers	dr hab. Małgorzata Sacha	

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	0.0	15.0	0.0	0.0	0.0	15

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	15	2.0	8.0	25

Subject objectives

The exercises in the module on Hinduism are an extension of the issues discussed in the lecture part. We will analyze selected religious texts, still alive in the practices of Hindus, such as the Vedas, Upanishads, Bhagavad Gita. We will familiarize ourselves with selected myths described in the Puranas, present the main cults within Hinduism, such as Vaishnavism, Shaivism and Shaktism, and their relationship with cultural and religious trends such as bhakti and tantrism.

Learning outcomes

Course outcome	Subject outcome	Method of verification
[RELL3_W08] Knows the risks arising from religious conflicts and understands the importance of actions aimed at reaching understanding and seeking solutions based on mutual respect and the rejection of all forms of discrimination.	The student is ready to recognize and respect different points of view determined by different religious, national and cultural backgrounds.	[SW1] oral statement/ conversation/discussion
[RELL3_W04] Has structured knowledge of the history of different religions and understands the historical factors shaping their development.	The student demonstrates a comprehensive knowledge of Hinduism and knows the place of Hinduism among world religions. Understands the historical conditions of the development of Hinduism in the world.	[SW1] oral statement/ conversation/discussion
[RELL3_W03] Has structured detailed knowledge in the area of culture and religion studies.	Has knowledge about Hinduism and its place among world religions.	[SW2] presentation/project/paper/ report
[RELL3_U02] Is able to identify various forms of past and contemporary cultural production and critically analyse and interpret them in order to determine their meanings, social impact and role in historical and cultural processes.	The student understands contemporary processes taking place in regions where Hinduism is dominant	[SU1] oral statement/conversation/ discussion
[RELL3_K03] Is prepared to recognise and respect different perspectives shaped by diverse religious, national and cultural backgrounds.	The student demonstrates openness and tolerance towards cultural and religious differences.	[SK1] oral statement/conversation/ discussion

Subject contents

1. Indo-Aryas and Aryavrata. Vedas 2. Cosmogonic Hymns of the Rig Veda: How Did the World Come into Being? 3. Upanishads - From Ritual Speculation to Philosophy 4. Puranic Mythology 5. Vaishnavism: History, Doctrine, Major Schools 6. Shaivism: History, Doctrine, Major Schools 7. The Cult of the Great Goddess, Shaktism 8. Summary of the Lesson

Prerequisites and co-requisites

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Assessment methods and criteria

Subject passing criteria	Passing threshold	Percentage of the final grade
written / oral	51.0%	50.0%
presence	75.0%	50.0%

Recommended reading

Basic literature	Powers, J. (1995). Wprowadzenie do buddyzmu tybetańskiego. Kraków: Wyd A Kalmus, M. (2008). Tybet, legenda i rzeczywistość. Kraków: Wydawnictwo Bezdroża Różycka-Tran, J. (2015). W kole życia i śmierci. W: Boski, P., Różycka Tran, J., Sorokowski, P., Podróże psychologiczne przez kultury świata. s. 91-182. Poznań: Sorus. Trilok Chandra Majupuria, Rohit Kumar (2005). Gods, Goddesses and religious symbols of hinduizm, buddhism and tantrism. Kathmandu: Modern Printing Press Zen Master Thich Thanh Tu z klasztoru Truc Lam: At the Zen Gate, The Carefree Leaves, Open the door to self emancipation, The source of Buddhist Dharmas, Buddhism for beginners Flood, G. (2008). Hinduizm. Wprowadzenie, Kraków: Wydawnictwo Uniwersytetu Jagiellońskiego. Teasdale, J., Williams, M., Segal, Z. (2016). Praktyka uważności. Kraków: Wyd. Uniwersytetu Jagiellońskiego
Supplementary literature	lack
eResources addresses	

Example issues/ example questions/ tasks being completed

lack

Work placement

Not applicable

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