University of Gdańsk

Subject card

Subject name and code	The Psychology of Emotion and Motivation - lecture, PG_00205391		
Field of study	Criminology		
Date of commencement of studies	October 2026	Academic year of realisation of subject	2026/2027
Education level	Bachelor's studies	Subject group	Obligatory subject group in the field of study
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	1	Language of instruction	Polish
Semester of study	2	ECTS credits	3.0
Learning profile	academic	Assessment form	exam
Conducting unit	Faculty of Law and Administration -> Rector		
Name and surname of lecturer (lecturers)	Subject supervisor	dr Magdalena Nilidzińska	
	Teachers		

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	30.0	0.0	0.0	0.0	0.0	30

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	30	0.0	45.0	75

Subject objectives

To familiarize students with the regularities of the functioning of emotional and motivational processes according to contemporary theories and concepts of general psychology. Students will develop a basic network of theoretical psychology concepts to describe, analyze a person's behavior, feelings and experiences, allowing them to adequately understand and explain the reasons for specific behavior in a given social and situational context. Students will learn to independently use knowledge in the field of general psychology to describe, analyze and explain antisocial and antisocial behavior.

Learning outcomes

Course outcome	Subject outcome	Method of verification
[KRYML3_W03] Has advanced knowledge and understanding of facts, theories, methods, and complex relationships concerning selected phenomena related to prohibited acts, in particular key social and psychological phenomena relevant to criminology, as well as their social, psychological, and cultural determinants.		

<table>
<tr><td>Subject contents</td><td>Definitions of emotions and other affective states. Principles and general laws controlling the emergence and functioning of emotional processes. Levels and perspectives of description and analysis of emotional and other affective processes. Regulatory functions of emotional and other affective processes. Selected theories of emotion formation. Development of the human emotional sphere, disorders and abnormalities in this area. Mechanisms of self-regulation of emotions, self-control, strategies for managing emotions and moods. The role of emotions in adult psychopathology. Regulatory functions of motivational processes, basic mechanisms of arousing motivation. Selected theories of motivation. Intrinsic and extrinsic motivation. Achievement motivation . Purposeful motivation. Cognitive motivation. Values and their motivational functions. Motivational consequences of self-esteem and self-esteem; to prosocial behavior, to aggressive behavior.</td></tr>
<tr><td>Prerequisites and co-requisites</td><td></td></tr>
<tr><td>Assessment methods and criteria</td><td>
<table>
<tr><th>Subject passing criteria</th><th>Passing threshold</th><th>Percentage of the final grade</th></tr>
<tr><td>written exam with open questions (tasks).</td><td>51.0%</td><td>40.0%</td></tr>
<tr><td>determining the final grade based on partial grades received during the semester</td><td>51.0%</td><td>40.0%</td></tr>
<tr><td>completing a final paper - conducting research and presentation their results</td><td>51.0%</td><td>20.0%</td></tr>
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<tr><td>Recommended reading</td><td>
<table>
<tr><td>Basic literature</td><td>1. Mietzel , G. (1998) Wprowadzenie do psychologii. Podstawowe zagadnienia. Rozdz. 8
2. Selye, H., (1978) Stres okiełznany. Rozdz. I i II.
3. Ranschburg, J., (1993) Lęk, gniew, agresja, s. 93-152.
4. Potter-Effron, R., (1999) Życie ze złością. Cz. I.
5. Kofta, M., (1978) Samokontrola a emocje. Rozdz. 8 i 9</td></tr>
<tr><td>Supplementary literature</td><td>1. Strelau J. (2000) Psychologia. Podręcznik akademicki. t. 2, cz. VI.
2. Fromm E. (1998) Anatomia ludzkiej destrukcyjności.
3. Gierowski J.,K. (1989) Motywacja zabójstw.
4. Gierowski J. K. (1991) Agresywność sprawców zabójstw (w) Majchrzyk Z., Gordon T., Milewska E., (red.) Stany afektywne w opiniowaniu sądowym psychiatryczno-psychologicznym. s. 93-105
5. Gierowski J.K. (1992) Motywacyjna rola lęku w genezie zabójstw (w) Gierowski J.K., Majchrzyk Z. (red.) Psychologia zabójstw</td></tr>
<tr><td>eResources addresses</td><td></td></tr>
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<tr><td>Example issues/ example questions/ tasks being completed</td><td>Selected theories of emotion formation.</td></tr>
<tr><td>Work placement</td><td>Not applicable</td></tr>
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