

**Subject card**

<b>Subject name and code</b>	Psychology of Emotion and Motivation - lecture, PG_00205391						
<b>Field of study</b>	Criminology						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2026/2027		
<b>Education level</b>	Bachelor's studies	<b>Subject group</b>			Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
<b>Mode of study</b>	full-time studies	<b>Mode of delivery</b>			at the university		
<b>Year of study</b>	1	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	2	<b>ECTS credits</b>			3.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			exam		
<b>Conducting unit</b>	Faculty of Law and Administration -> Rector						
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>		dr Magdalena Nilidzińska				
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM		
	<b>Number of study hours</b>	30	0.0	45.0	75		
<b>Subject objectives</b>	To familiarize students with the regularities of the functioning of emotional and motivational processes according to contemporary theories and concepts of general psychology. Students will develop a basic network of theoretical psychology concepts to describe, analyze a person's behavior, feelings and experiences, allowing them to adequately understand and explain the reasons for specific behavior in a given social and situational context. Students will learn to independently use knowledge in the field of general psychology to describe, analyze and explain antisocial and antisocial behavior.						
<b>Learning outcomes</b>	<b>Course outcome</b>		<b>Subject outcome</b>		<b>Method of verification</b>		
	[KRYML3_W03] Has advanced knowledge and understands the relationships and social and psychological determinants between selected phenomena related to criminal acts, including key social and psychological phenomena relevant to the context of the studied field.						

Subject contents	Definitions of emotions and other affective states. Principles and general laws controlling the emergence and functioning of emotional processes. Levels and perspectives of description and analysis of emotional and other affective processes. Regulatory functions of emotional and other affective processes. Selected theories of emotion formation. Development of the human emotional sphere, disorders and abnormalities in this area. Mechanisms of self-regulation of emotions, self-control, strategies for managing emotions and moods. The role of emotions in adult psychopathology. Regulatory functions of motivational processes, basic mechanisms of arousing motivation. Selected theories of motivation. Intrinsic and extrinsic motivation. Achievement motivation . Purposeful motivation. Cognitive motivation. Values and their motivational functions. Motivational consequences of self-esteem and self-esteem; to prosocial behavior, to aggressive behavior.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	written exam with open questions (tasks).	51.0%	40.0%
	determining the final grade based on partial grades received during the semester	51.0%	40.0%
	completing a final paper - conducting research and presentation their results	51.0%	20.0%
Recommended reading	Basic literature	<ol style="list-style-type: none"> <li>1. Mietzel , G. (1998) Wprowadzenie do psychologii. Podstawowe zagadnienia. Rozdz. 8</li> <li>2. Selye, H., (1978) Stres okiełznany. Rozdz. I i II.</li> <li>3. Ranschburg, J., (1993) Lęk, gniew, agresja, s. 93-152.</li> <li>4. Potter-Effron, R., (1999) Życie ze złością. Cz. I.</li> <li>5. Kofta, M., (1978) Samokontrola a emocje. Rozdz. 8 i 9</li> </ol>	
	Supplementary literature	<ol style="list-style-type: none"> <li>1. Strelau J. (2000) Psychologia. Podręcznik akademicki. t. 2, cz. VI.</li> <li>2. Fromm E. (1998) Anatomia ludzkiej destrukcyjności.</li> <li>3. Gierowski J.,K. (1989) Motywacja zabójstw.</li> <li>4. Gierowski J. K. (1991) Agresywność sprawców zabójstw (w) Majchrzyk Z., Gordon T., Milewska E., (red.) Stany afektywne w opiniowaniu sądowym psychiatryczno-psychologicznym. s. 93-105</li> <li>5. Gierowski J.K. (1992) Motywacyjna rola lęku w genezie zabójstw (w) Gierowski J.K., Majchrzyk Z. (red.) Psychologia zabójstw</li> </ol>	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Selected theories of emotion formation.		
Work placement	Not applicable		

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