University of Gdańsk

Subject card

Subject name and code	Teacher's Work Methods: psychological aspects, PG_00205914		
Field of study	Pedagogy		
Date of commencement of studies	October 2026	Academic year of realisation of subject	2026/2027
Education level	Bachelor's studies	Subject group	Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	1	Language of instruction	Polish
Semester of study	2	ECTS credits	3.0
Learning profile	academic	Assessment form	credit
Conducting unit			
Name and surname of lecturer (lecturers)	Subject supervisor	dr hab. Małgorzata Obrycka	
	Teachers		

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	0.0	20.0	0.0	0.0	0.0	20

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	20	0.0	55.0	75

Subject objectives

Preparing future teachers for effective teaching and educational work through in-depth understanding and application of psychological knowledge in school practice in the following areas: development of psychological and pedagogical competences, shaping the teacher's work skills, taking care of one's own professional development. The subject aims to make the teacher a conscious, reflective and competent practitioner who is able to use psychology to optimize the teaching and educational process and one's own professional well-being.

Learning outcomes

Course outcome	Subject outcome	Method of verification
[PEDL3_W15] Graduate have an advanced knowledge and understanding of teaching methods and the selection of effective teaching aids, including online resources, to support the teaching of a subject or conducting classes, taking into account the diverse educational needs of students	Graduates know and understand the theory of social perception and communication: social behaviour and its determinants, interpersonal situations, empathy, assertive, aggressive and submissive behaviour, attitudes, stereotypes, prejudices, stress and coping with it, communication between people in institutions, rules of cooperation, communication processes, barriers to communication, media and their educational influence, communication styles of students and teachers, barriers to communication in the classroom, various forms of communication - self-presentation, active listening, effective communication, non-verbal communication, emotional communication in the classroom, communication in conflict situations.	[SW5] implementation of a problem task
[PEDL3_K03] In terms of competence, graduates are prepared to communicate with people from different backgrounds and with different emotional states, resolve conflicts through dialogue, and create a positive atmosphere for communication in and outside the classroom	Graduates are able to communicate effectively and consciously.	[SK1] oral statement/conversation/ discussion
[PEDL3_U01] Graduate are able to observe educational situations and events, analyse them using pedagogical and psychological knowledge, and propose solutions to problems	The graduate is able to communicate in a conflict situation.	[SU6] demonstration of practical skills
[PEDL3_W04] Graduate have knowledge and understanding of the standards, procedures and good practices applied in educational activities (pre-school education, teaching in primary and secondary schools, technical and vocational schools, special schools and special departments, and in various types of care and educational centres and continuing education)	Graduates know and understand issues related to self-reflection and self-development: personal resources in teaching – identification and development, individual strategies for coping with difficulties, stress and teacher burnout	[SW1] oral statement/ conversation/discussion
[PEDL3_U06] Graduates are able to create educational and teaching situations that motivate students to learn, work on themselves and undertake activities conducive to development, and to modify educational, teaching and developmental activities in order to achieve the desired results in the areas of education, upbringing and stimulation of development	Graduates are able to cope with stress and apply strategies for dealing with difficulties.	[SU1] oral statement/conversation/ discussion [SU6] demonstration of practical skills

Subject contents

- Developing psychological and pedagogical competencies: understanding the student's psyche, diagnosing needs, psychological and pedagogical support, and effective communication.
- Shaping teacher skills: building relationships, work methods and techniques, collaboration, and relationships.
- Developing one's own professional development: the concept of self-awareness and (self-)reflection, coping with stress, and personal development.
- Teachers and contemporary educational, didactic, cultural, ethical, and technological challenges psychological contexts.

Prerequisites and co-requisites

Issues in the field of general pedagogy.

Assessment methods and criteria

Subject passing criteria	Passing threshold	Percentage of the final grade
Implementation of the problem task and presence	51.0%	100.0%

Recommended reading	Basic literature	Shaffer D.R., Kipp K., *Developmental psychology: childhood and adolescence*, Wadsworth, Cengage Learning, Belmont 2010.
	Supplementary literature	Bentham. S., *Psychology and education*, Routledge, Hove, East Sussex,New York 2002.
	eResources addresses	Basic https://katalog-bug.ug.edu.pl/discovery/search?query=any,contains,Psychologia%20stosunk%C3%B3w%20mi%C4%9 48UGD&facet=frbrgroupid,include,9064041190273498346&offset=0 - Library of the University of Gdańsk Supplementary https://katalog-bug.ug.edu.pl/discovery/search?query=any,contains,psychology%20education&tab=Everything&search_ 48UGD&offset=0 - Library of the University of Gdańsk
Example issues/ example questions/ tasks being completed		
Work placement	Not applicable	

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