University of Gdańsk

Subject card

Subject name and code	Assistantship families, PG_00206361						
Field of study	Social Work						
Date of commencement of studies	October 2026		Academic year of realisation of subject		2027/2028		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Subject group related to practical vocational preparation		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		1.0		
Learning profile	practical		Assessment form		credit		
Conducting unit	Division of Social Pedagogy -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Małgorzata Szpunar				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	20.0	0.0	0.0	0.0	20
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	20		0.0		5.0	25
Subject objectives	Student knows the history, goals and tasks of family assistants. Understands the importance of prevention of family assistance in the field of social orphanhood. He knows the stages of the assistant's work, diagnostics of families with many problems.						

Learning outcomes

Course outcome	Subject outcome	Method of verification
[PRACSOCL3_U08] is able to to skilfully analyse social phenomena	is able to skilfully analyze social phenomena while demonstrating the ability to implement their own solutions in planning, monitoring and evaluating the designed activities	[SU2] presentation/project/paper/ report
[PRACSOCL3_U07] is able to skilfully analyse the proposed solutions to concrete problems and propose proper solutions; to skilfully implement the proposed solutions and independently extend his/her knowledge and develop skills in the field of social work	critically analyzes specific solutions in the field of social work (specific cases of implementation of various forms of social assistance and support) and proposes solutions in this area, demonstrating the ability to implement their own solutions in planning, monitoring and evaluating the designed activities	[SU2] presentation/project/paper/ report
[PRACSOCL3_U02] Is able to use theoretical knowledge for professional practice within the framework of social work, especially to describe and practically analyze individual social processes and phenomena (cultural, political, legal, economic) specific to social work	uses basic theoretical knowledge to describe in detail and analyse in practice the cultural, political, legal and economic conditions of difficult situations of individuals, groups (in particular families) and local communities that they are not able to overcome on their own	[SU2] presentation/project/paper/ report
[PRACSOCL3_U04] is able to to forecast practical effects of selected social processes and phenomena (cultural, political, economic) using standardized methods and tools, specific for the fields of science and scientific disciplines, characteristic for social work	forecasts the practical effects of social processes and phenomena, planning forms of assistance and effectively, in a specific case, applying methods and techniques of social work for social inclusion	[SU2] presentation/project/paper/ report
[PRACSOCL3_U05] is able to use normative systems and selected standards and rules (legal, professional, ethical) properly in order to solve a specific task within the scope of fields of science and scientific disciplines, characteristic for social work	correctly uses normative systems as well as legal and ethical norms and rules, applying the principles of professional ethics of a social worker, including in particular: a) providing assistance to all persons in a difficult situation and asking for help, b) respecting the rights of these persons to respect their personal dignity, c) acting as an advocate for the interests of persons asking for help, d) strengthening the independence of people using social assistance and scientific disciplines appropriate for social work	[SU2] presentation/project/paper/ report
[PRACSOCL3_K02] is ready cooperate and work in a group	cooperates and effectively cooperates with other specialists in order to effectively provide assistance; can use in cooperation with others and develop their own interpersonal skills	[SK2] presentation/project/paper/ report
[PRACSOCL3_W06] has advanced knowledge of professional practice methods and tools, including data collection techniques	Knows and understands methods and tools effective in social work with an individual case, group (including family) and environment (including the local community), differentiated depending on the problem/dysfunction; knows the methods and tools of data acquisition and research used in the field of social work	[SW2] presentation/project/paper/ report

Subject contents	1. The scope of tasks of family assistants (family accompaniment and not social work of a social worker), the importance of the family and its durability.2. Diagnosing individual and social needs:a. Health (hygiene, diet, treatment, sexual awareness, assessment of the severity of diseases or dysfunctions, contacts with specialists),b. Mental (building awareness among the patients regarding their emotions, mental needs, correct reactions, issues related to stress),1. Social (building family and neighborhood interactions, influence of local groups, spending free time),d. Pedagogical (education of children and adults, accompaniment and motivation to school and extracurricular education, outlining educational plans, raising children setting boundaries, basic problems and conflicts), e. Material (household budget planning)3. Elements of the solution-focused approach as a methodology of working on the resources of the client, his family1Methods of work based on strengthening individual and social resources.4. Stages of work with the family (creating a schedule building trust, information about the tasks of the family assistant, developing common goals, diagnosing family problems, ongoing support and evaluation of individual stages of the intended activities).5. Building interdisciplinary teams.6. Interpersonal skills of a family assistant communication, conflict resolution, mediation.7. Support for family assistants supervision, evaluation, burnout.
Prerequisites and co-requisites	The student knows the basic functions that the family is to perform, the threats resulting from social situations (unemployment, social pathologies, inheritance of statuses), educational, health (disability, addictions), important for the well-being of the family, knows the basic methods of scientific research, knows the tasks of social assistance and institutions cooperating in order to properly select the support group
Assessment methods and criteria	

Subject passing criteria	Passing threshold	Percentage of the final grade
	51.0%	100.0%

Recommended reading	Basic literature	The customer is an expert. The solution-focused approach and its application in Poland, 2007, (eds) Kienhuis J., Świtek T.Krasiejko I., 2010. Methodology of the family assistant. Solution-focused approach. Katowice.Sokołowska, Szpunar, Wojciechowska, 2014, Selected problems of social work in the city, Wyd. UG.Szpunar M., 2011, Family Assistantship. An innovative method of social assistance in Poland, Gdynia.Wysocka E., 2007., Man and the Living Environment. Theoretical-met foundations
	Supplementary literature	Szmagalski J., 2005., Supervision in social work, Warsaw.Fiore N., 2007, The Habit of Self-Discipline, Gliwice,Deptuła K., 2009, Home budget, or what you need to know about saving, Bielsko-Biała.Krasiejko I., 2011, Social work in the practice of a family assistant. Example of a solution-centric approach, Katowice
	eResources addresses	
Example issues/ example questions/ tasks being completed	Diagnosis of family resources,Family work plan for 6 months	
Work placement	Not applicable	

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