University of Gdańsk

Subject card

Subject name and code	Interpersonal communication, PG_00176560		
Field of study	Sociology		
Date of commencement of studies	October 2027	Academic year of realisation of subject	2027/2028
Education level	Bachelor's studies	Subject group	Obligatory subject group in the field of study Subject group related to scientific research in the field of study
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	1	Language of instruction	Polish
Semester of study	1	ECTS credits	2.0
Learning profile	academic	Assessment form	credit
Conducting unit	Division of the Sociology of Everyday Life -> Institute of Sociology -> Faculty of Social Sciences -> Rector		
Name and surname of lecturer (lecturers)	Subject supervisor	dr Anna Strzałkowska	
	Teachers		

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	0.0	30.0	0.0	0.0	0.0	30

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	30	0.0	20.0	50

Subject objectives

To provide students with basic knowledge of Interpersonal Communication.To master by them in a practical way the skills of presenting their own opinion in an appropriate way and active listening.To have students notice and break down various communication barriers and skillfully reduce their impact on their interactions.The goal of the workshop, held in the first year of undergraduate studies, is also integration.

Learning outcomes

Course outcome	Subject outcome	Method of verification
[SOCL3_U12] The graduate is ready to lifelong learning	ready for lifelong learning.	[SK8] observation of student's independent or team work
[SOCL3_U13] The graduate is ready to cooperate effectively and assume various roles in a group	The student is ready/ready to effectively cooperate and collaborate in a group, taking various roles in it, mastering in a practical way the skills of presenting, communicating, listening	[SK1] oral statement/conversation/ discussion [SK6] demonstration of practical skills [SK8] observation of student's independent or team work
[SOCL3_K04] The graduate is ready to supplement and refine the acquired knowledge and skills	The student is ready to supplement and improve the acquired knowledge and skills in the field of communication, presentation of own opinion and active listening	[SK1] oral statement/conversation/ discussion [SK5] implementation of a problem task [SK8] observation of student's independent or team work
[SOCL3_W05] The graduate has advanced knowledge of man as a subject constituting social structures and the rules of their functioning, as well as acting in these structures and participating in cultural practices in the local, regional environment, the area of national culture and global exchange	A student has advanced knowledge of the human being as an entity that constitutes social structures, the rules of their functioning, and also acts in these structures through effective communication and active listening	[SW1] oral statement/ conversation/discussion [SW3] text preparation/written work [SW5] implementation of a problem task
[SOCL3_W04] The graduate knows and understands in an advanced way the types of informal and formal social bonds that arise in different types of groups, social networks and societies, and with the regularities governing their change.	Knows and understands in an advanced way the types of social ties of informal and formalized nature that arise in different types of groups, social networks and societies and the regularities that govern their change.Notices and overcomes a variety of communication barriers and skillfully reduces their impact	[SW1] oral statement/ conversation/discussion [SW2] presentation/project/paper/ report [SW5] implementation of a problem task
[SOCL3_K06] The student is able to properly perform professional roles by understanding and applying the principles of professional ethics.		

Subject contents

1. Introduction to interpersonal communication2. Verbal and non-verbal communication3. Self-awareness4. Awareness of the presence of others5 Active listening and mirroring7.Self-disclosure8. Male and female styles of expression9. Negotiating and resolving difficult situations 10. Friendship, families, close partner(s)11 Conflict12. Communication between cultures

Prerequisites and co-requisites

In accordance with the terms and conditions of recruitment for the first degree program (Sociology).

Assessment methods and criteria

Subject passing criteria	Passing threshold	Percentage of the final grade
Active and engaged participation in class with the preparation of practical work and carrying out group exercises	51.0%	100.0%

Recommended reading

Basic literature

List of literatureA. Literature required to pass the class:Chrzanowska M. et al, Workshop method in shaping interpersonal skills, Warsaw 1996 B.

	Supplementary literature	Supplementary literature:Degen U., Art of establishing the first contact, Gdańsk 2007Fiske J., Introduction to communication research, Wrocław 2008Pease A., Body language. How to read people's thoughts from their gestures, Cracow 1999Stewart J. (ed.), Bridges instead of walls. On communicating between people, Warsaw 2000Sztejnberg A., Basics of social communication in education, Wrocław 2001
	eResources addresses	
Example issues/ example questions/ tasks being completed	Interpersonal stylesFactors conducive to good communicationPrinciples of communicationBarriers to listeningGiving feedback - how to do it?	
Work placement	Not applicable	

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